

# VILLA VOICES

### In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:16



Elizabeth J. Hickle, MPA, LNHA, CDP Lighting the Way for Senior Care. This phrase speaks volumes about what we do here at Light of Hearts Villa. We light the way for our residents on their journey of aging. We light the way for them spiritually, emotionally, and physically. Our residents come to us from all walks of life, with rich experiences and plenty of stories to tell. They are all unique in their own way, but share a common bond once they join the Light of Hearts Villa family. They are the reason, the purpose, and the mission of why we are here. Our staff takes pride in the care they provide to our residents. Each person is treated with dignity and compassion, like a member of the family.

As we wind down the Year of Mercy, let us remember the words from Psalm 23: "surely goodness and mercy shall follow me all the days of my life." So many acts of goodness and kindness are witnessed every day at Light of Hearts Villa. A smile, a hug, or just a listening ear means so much to our residents, and fills us with hope and grace.

2016 has been a busy year at the Villa. In October, we celebrated our 27th Annual Fall Fest, bringing hundreds of old friends and new visitors together to share in the festivities. New landscaping was added to the front of the building, creating a welcoming sight for visitors. Renovation of the Wellness department was completed offering a functional and comfortable work environment for department staff. The Beauty Shop was also updated to accommodate resident needs. In 2016, grants were received from the Sisters of Charity Foundation of Cleveland, the Sisters of Charity of Nazareth, the SC Ministry Foundation, and Target Corporation. We are grateful to them for their generosity and their support of Light of Hearts Villa.

We welcomed two new members to the Board of Directors. We are grateful for their guidance and leadership as we look forward to 2017 and beyond. LOHV has received a 100% deficiency-free rating from the State of Ohio and 100% compliance from the annual Assisted Living Waiver Review. We are proud of our staff, who works continuously to make the Villa a wonderful home for our residents.

We could not do all that we have done without the support of our generous donors. Every donation makes a difference. Every gift matters to our residents. Please take a moment to fill out the enclosed gift envelope and send in your contribution to support our residents. We are so grateful for your generous contributions throughout the year. You help us to *Light the Way for Senior Care*.

I wish you peace and joy for a Blessed Christmas and New Year season.

*Elizabeth J. Hickle*, MPA, LNHA, CDP Executive Director

#### WINTER 2016

#### OUR MISSION ::

We are devoted to providing premier senior residential living and community outreach services. Through our faith-based values, we affirm the integrity of each person and encourage them on their journey of aging.



# Where Shall We Go

The road ~ so rough, so winding. The distance far and tiring. Heavy with child, the Mother presumes That as evening descends they will find a room Wherein to rest.

A night ~ devoid of light and dark Bears down and hope is stark. Amid the gloom, a kind one offers a space Providing the weary travelers a place Wherein to rest.

A Child's birth lights up the night. Shepherds and kings experience celestial sights. Angels announce: "Peace on earth." Humanity finds in the Child's birth A place wherein to rest.

May you be a star when the lights are dim. May you make a pathway for Him Whose birth brings us joy and grace Fills us with love that others may find in us a place Wherein to rest.



We wish you the blessings of this Christmas Season! May the New Year be healthy and grace filled.

# The "Light" I would like to add to this world is....

A purposeful vision of goodness for everyone. *Elaine L.* 

Joy. Carol R. A shining star of hope for a good future. Jake T. Making happiness wherever you are. Ginny W. Pea Pat

ver Remove the re. stress on elders so W. they don't worry about food, heat and shelter. Peace. Stephanie B. Pat K.



### Christmas "Lights" for me are...



# "Your word is a lamp for my feet, a light for my path." PS. 119:105

### EXCELLENCE EXCELS AT LIGHT OF HEARTS VILLA. OUR STAFF AND VOLUNTEERS ARE RECOGNIZED FOR THEIR "LIGHT."



#### **EMPLOYEE APPRECIATION AWARDS**

Annually, employees who are committed to Light of Hearts Villa for many years are acknowledged for the light they bring to the Villa family. Presenting the awards is Betty Hickle. (L to R) Raymond Dorman, Villa Chef for 25 years. Sr. Sandy Emrich, SCN, Human Resources, 10 years. Bruce Stewart, Dietary, 10 years. Dennis Giangiacomo, Director of Facilities, 5 years.

### OUTSTANDING DIRECTOR OF FACILITIES

Dennis Giangiacomo was selected as a winner of the Ohio Assisted Living Association's Honoring Excellence Awards. He received the prestigious *Outstanding Director of Facilities 2016 Award* October 31st at the OALA annual meeting in Columbus. Betty Hickle nominated Dennis for the award.



#### PARA-PROFESSIONAL AWARD

Jackie Raines (Wellness) received the Western Reserve Area Agency on Aging's Para-Professional Award for her outstanding service to our residents. Jackie was nominated by Barbara Devereux, RN, Director of Wellness, Dennis



Jackie is pictured with residents Rita C. and Bea M. who delight in her care

Koher, LPN, Assistant Director of Wellness and Betty Hickle. Her nomination reads: "Jackie Raines has been with Light of Hearts Villa for more than three years. She embodies the mission of the Villa by providing premier caring services to our residents and their families. Jackie is always willing to go the extra step to provide comfort. She is the smile the residents look for and she is the shoulder that they lean on." As Jackie will tell you: "I am someone who listens, we cry together, we pray together, I am whatever they need. The Villa is a second home."

### WELLNESS DEPARTMENT ADVANCES

The Wellness staff of LOHV is enjoying the newly renovated office areas. The new look provides additional space and capacity for the



computerized Point Click Care program that enhances our ability to provide the best care possible for our residents.

# "The light shines in the darkness, and the darkness has not overcome it."

Jn. 1:5

Light shines out from resident windows if you pass the Villa at night. The warm glow is a reflection of the light residents, families, staff, and volunteers share with each other.













### 1. 55TH ANNIVERSARY OF ORDINATION

Fr. Bill O'Neill is a happy resident at Light of Hearts Villa. This year he celebrated 55 years of priestly ministry with the Villa family. Mass, a special blessing and a surprise cake marked the event. Over the years Father has been an associate pastor, a pastor and the director of the Diocesan Tribunal for 25 years. We wish him continued blessing and joy as he ministers in our midst.

### 2.A SWEET TRIP

Residents are engaged in frequent outings. A sweet treat was a visit to B.A. Sweeties, the famed candy store. Bag check on return showed a variety of goodies to meet the sweet tooth of each resident and favorite treats for grandchildren and great-grandchildren.

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### 3. NFL AND LOHV

Rita Deininger, resident, is surrounded by an NFL Network film crew. They came to interview her for a documentary about her brother, Chuck Noll. The program aired in November on the NFL Network. Chuck was born in Cleveland. He played football for Benedictine High School and Dayton University. He was then drafted by the Cleveland Browns and moved on to a coaching career. As head coach for the Pittsburgh Steelers from 1969 to 1991, he won four Super Bowl games. Rita and her family are duly proud of his accomplishments.

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### **4. VETERANS DAY**

Each year the Villa marks Veterans Day with a special celebration honoring residents and staff who have served or are currently serving our country. Local dignitaries and representatives of state officials were on hand for the pinning ceremony and presentation of certificates of appreciation. The Bedford High School Marching Band provided music for the occasion. We are grateful for the service of our veterans.

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### **5. GO TEAMS**

Celebrations at Light of Hearts Villa were second to none as residents followed the winning season of the Cavs and the Indians. Hallway pictures, animated conversations about the games, and celebrations marked the months. Keep it up, our hometown teams!

### Sister Helen Scasny, SC Shares the Wisdom of the Hive

For Sister Helen Scasny, beekeeping began as a hobby. It was meant to be something that would keep her busy and active after retirement from her post as Executive Director of Light of Hearts Villa, and as far from her previous life in administration as possible.

However, it soon turned to something far more challenging, fulfilling, and enlightening than a simple pastime. It became a learning experience that rewarded Sister Helen with a unique perspective on God's love for all of his creatures, and on our duty as Earth's stewards to protect our environment.

It is a pleasure to hear Sister Helen speak about the eight beehives she currently tends on property near Light of Hearts Villa. She explains that she was originally drawn to beekeeping because of the valuable lessons bees have to offer. "They are sensitive and smart," she notes. "They are community-minded, hard-working, and very moral in their sense of fair play and cooperation. God made them perfect in how they work together and coexist."

At the heart of the hive is the queen, who mates with male drones and lays 2,000 eggs a day that mature into female worker bees. These worker bees sacrifice themselves for the survival of queen and colony. Because the interior of the hive is always dark, the worker bees must rely solely on their sharp sense of smell and touch to accomplish their duties. They keep the hive clean, protect the queen and larvae, and in the winter months maintain a toasty 95 degrees inside the hive by rapidly flapping their wings. As Sister Helen observes, "everyone serves a purpose" in the hive. "There is so much we can learn from honeybees—socially and spiritually. There is a spirituality in the swarm."

Sister Helen's mission to "help God with ecology and save the honeybees" became more vital after she learned about colony collapse disorder—a condition caused by overuse of pesticides, destruction of honeybees' natural habitats, and disease. Colony collapse weakens the complex social structure inside beehives, and in the last decade it has devastated bee populations around the world. Sister experienced a similar collapse this past





summer, when an entire colony abandoned its hive and swarmed in a nearby tree. With the help of fellow beekeepers Jim Hensley and Ralph Pesta, she was able to retrieve most of the bees.

Sister Helen harvests honey throughout the summer. Jars of her "Nun Better" honey are available for sale at Light of Hearts Villa. All proceeds go to the Sister Helen Scasny, SC Benevolent Fund, which directly benefits Light of Hearts Villa residents.

### "Nations shall walk by your light, and kings by your shining radiance."

Is. 60:3

### Make a gift to support Light of Hearts Villa residents

#### You can make a difference in the lives of our residents with a gift to support Light of Hearts Villa.

We rely on the generosity of our donors to maintain our high standards of compassionate care and to meet the challenges of an ever-changing health care landscape. Philanthropic support by our generous donors has an immeasurable impact on Light of Hearts Villa and means so much to our residents.

Your tax-deductible gift can be made with the enclosed envelope or through our website, www.lightofheartsvilla.org. Please contact Nancy IIg, Manager of Fund Development, at 440.232.1991 ext. 560 or nancy.ilg@lightofheartsvilla.org if you have questions about making a gift to Light of Hearts Villa or would like more information about other ways to support our residents.

Below you will see some of the many ways that individuals make a difference in the life of Light of Hearts Villa.



### **VOLUNTEERS**

Volunteers light up the lives of residents in ways too many to count. Annually they are recognized in a special way. This year Ida Stanley, Director of Admissions and Marketing, led attendees in painting flags. Back row I to r: Ralph and Millie Pesta, Cozy Corner and Flea Market; Sr. Helen Therese Scasny, Cozy Corner and Flea Market Volunteer Coordinator; Marlene Pancake, receptionist; Bobbi Gurko, Villa decorator; Gloria Terlosky, Cozy Corner and Flea Market; Ida Stanley, Volunteer Coordinator. Front row (I to r) Ann Kloss, Cozy Corner and Flea Market; Judy Green, Bell Choir; Joanne Reardon, Voice and Bell Choir director; Ann Wade, receptionist. Many other volunteers were not able to attend. If you would like to volunteer your time and talents at LOHV, call the Villa for information.



### **27TH ANNUAL FALL FEST**

October 9th dawned bright and welcoming for nearly 500 of our best friends. They came to enjoy dinner, raffles, Cozy Corner, bakery, crafts, a pumpkin patch, and time to catch up with each other. The annual fundraiser relied on 86 volunteers on the day and over 20 bakers who provided items for the bakery. All Fall Fest proceeds go to the Sr. Helen Scasny, SC Benevolent Fund. This year the Fall Fest netted over \$46,000.

### **FLEA MARKET**

Volunteers and members of our Maintenance staff transformed the Activity Center into a bargain hunter's delight! Friendly faces greeted people who came to find treasures that had been donated by Villa friends. November 8th through the 12th was a busy time and the hours of sorting, pricing, displaying, and selling brought in nearly \$5,000 for the Benevolent Fund.





### MAJOR DONORS APPRECIATION EVENING

Bishop Roger Gries, OSB celebrated the Mass on August 11th for major donors of the Villa. The time of prayer and song was followed by a program and reception in the Activity Center. Attendees had the opportunity to meet each other and learn more about the role that the Villa plays in the lives of residents and the greater community.



### SETON SAFETY NET FOR SENIORS

The Seton Safety Net for Seniors finds us being good neighbors to seniors in the area who experience a food shortfall. A simple phone call from an individual, the police or fire department, or a hospital social worker puts a senior in need with our social worker. An assessment is made and food can be immediately provided and referrals to other services can be made. It has been ten years since the Safety Net began, and the need continues to grow. As of this printing, we have provided over 170 individuals with food this year, exceeding the number of individuals served in 2015. The Safety Net is stocked entirely by donations from individuals, groups, and grants. We are blessed because of the generosity of others whose goodness helps us to "light up" the lives of others. On December 2nd, Mike Wisnor from the Ohio



Catholic Federal Credit Union presented Sr. Regina with five boxes of pantry staples and two checks for the Safety Net. If you would like to support the efforts of the Safety Net, contact Sr. Regina at 440-232-1991 x506 or at regina.kusnir@lightofheartsvilla.org.

### LUMEN CORDIUM ALUMNAE – SAVE THE DATE

Alumnae from Lumen Cordium High School, which was converted into Light of Hearts Villa, are a growing group of volunteers. Proud of their high school, they gather annually to provide St. Nick bags for each resident on December 6th. They bring their friendliness and talents to serve at the Fall Fest, to participate on committees, and to do other significant things for the Villa.



April 22, 2017, is the date for an All School Reunion here at Light of Hearts Villa. Details will be coming.

If you are an alum and would like to be part of the planning committee, contact the Villa at 440-232-1991 x560. If you know of any classmates who are not on our mailing list, please forward their information to us.

### IN MEMORIAM

III MEMORINI		
William Barbena	1/17/16	
Andrew Celko	1/21/16	
John Varhola	1/22/16	
Gwyn Orchard	3/11/16	
Alice Miser	3/31/16	
Erlinda Vallejo	4/21/16	
Ethel Szabo	5/1/16	
Dorothy Spragge	6/25/16	
Helen Noga	7/5/16	
Rose Vigh	8/9/16	
Lena Romito	8/18/16	
Genevieve Aukstuolis	8/24/16	
Betty Macauda	8/24/16	
Pauline Celko	10/7/16	
Dr. Carl Kelly	10/5/16	
[Board Member 2004-2013]		
Janet Griffiths	10/20/16	
Joseph Egan	10/21/16	
Stanley Caplinsky	10/26/16	
Josephine Mentrek	10/28/16	
Betty Farinacci	10/29/16	
Irene Roth	11/6/16	
Mary Brett	11/7/16	
Anna Marie Marks	11/16/16	
Tony Dolejs	11/21/16	
[Volunteer 2006-2016]		
Rupert Gill	11/26/16	
Claudia Gabriel	12/5/16	
Theresa Germana	12/5/16	
Robert Skomrock	12/7/16	



### LIGHT of HEARTS VILLA

A Ministry of the Sisters of Charity Health System

283 UNION STREET BEDFORD, OHIO 44146 440 232 1991

light of hearts villa.org

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# **UPCOMING** events

Light of Hearts Villa provides independent and assisted living, memory and respite care. Below are some of our upcoming events. For more information call 440.232.1991.

### December – January Christmas Angel and International

Christmas Angel and International Nativities Display

*Christmas Wafers* (Oplatky) Available at the front desk.

December 25, 2016 9:00 a.m. Christmas Mass Celebration

### December 28, 2016 1:30 p.m.

Peace Prayer for the New Year of 2017 Come, join in a time of Prayer for Peace in anticipation of a New Year.

### December 31, 2016 4:00 p.m.

New Year's Eve Mass, Feast of Mary the Mother of God

### January 4, 2017 1:30 p.m.

Annual Missioning Ceremony for Staff and Volunteers & Presentation of the Making God's Love Visible Mission Award

### March 29, 2017 9:00 a.m.-Noon

The Ethics of Death and Dying 3CEUs \$40.00 Jim Collins Ph.D. RSVP by March 13

April 22, 2017 Lumen Cordium All-School Reunion

October 8, 2017 Annual Fall Fest

> We are here for seniors who are in need of compassionate, faith-based, personcentered care. We can help make a difference in their lives. If you have a family member, neighbor, or friend who may have need of our life-giving services, please invite them to contact us, or bring them to Light of Hearts Villa for a tour. We provide independent and assisted living, memory and respite care.

#### **BOARD OF DIRECTORS ::**

Carol Szczepanik, President/Chair Sr. Margaret Mach, SC, Vice President Robert J. Smolko, Treasurer Sr. Regina Fierman, CSA, Secretary Dr. Victor DeMarco John J. Horrigan Kevin McCarthy Jean Metzger Dr. Jeremy Perse Todd R. Turner Betty Hickle Adam Gockowski



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