



VILLA VOICES

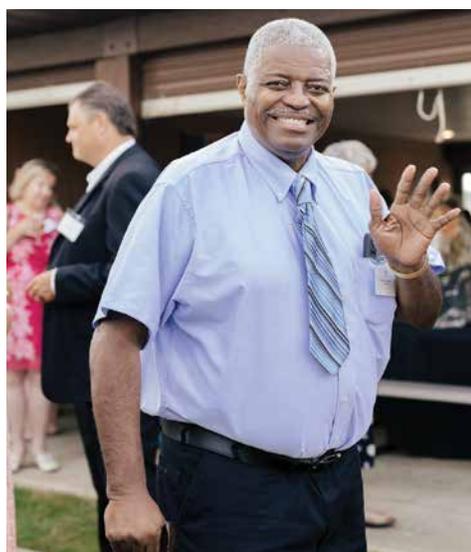
FALL/WINTER 2022

LIGHT THE WAY GALA RAISES HISTORIC AMOUNT OF \$128,000

:: OUR MISSION

We are devoted to providing premier senior residential living and community outreach services. Through our faith-based values, we affirm the integrity of each person and encourage them on their journey of aging.

Lighting the way for senior care.



Resident Samuel Jackson stole the show at the gala when he shared his firsthand testimony of the love and care he receives while living at Light of Hearts Villa.

More than 250 people came together August 26 to celebrate the mission and ministry of Light of Hearts Villa at the first annual Light the Way Gala on the grounds of Saint Monica Church in Garfield Heights. Generous supporters at the gala helped raise \$128,000 to support the Sister Helen T. Scasny, SC Benevolent Fund, which supports residents who have outlived their financial resources.

The evening featured a silent auction, raffle, an open bar and plated dinner prepared by Normandy Catering, as well as remarks from Sisters of Charity Health System President and CEO Jan Murphy and heartwarming words from Light of Hearts Villa resident Sam Jackson.

“I am continuously blown away each and every year by how much this community shows up to support our work. Between selling out the bourbon raffle tickets, having 34 event sponsors and over 250 guests in attendance, this was our most successful fundraising event ever held. I am just so thankful,” said Amy Huntley, director of development and communications. “A very special shout-out and sincere thank you to our event sponsor, the Ursuline Sisters of Cleveland, for their generous commitment and support of our mission. Our entire community really does make my job easy.”

Continued on page 3

A NOTE FROM THE EXECUTIVE DIRECTOR

The Advantages of Being Able to Adapt



Dear Friends,

As I think about heading into the remaining few months of 2022, I think about all of the good that this year has brought. Despite still feeling the challenges brought on by the pandemic, our ability to accept and adapt to change has been an advantage.

The health care world especially has experienced significant caregiver burnout, leading to staffing shortages across the board. Our ability to adapt, adjust rates and truly work with our team has allowed our staffing to remain strong and consistent. This has a direct impact on the quality of life of our residents.

Additionally, with the gap between our cost of care and Medicaid reimbursement continuing to widen, we are more grateful than ever for a community who helps tremendously to make up that shortfall. This generosity enables us to take care of residents who have outlived their financial resources. This is still the core of our mission and who we are and what drives us every day to ensure the current and future success of this ministry.

Part of our adapting has been the renovating and upgrading throughout our facility this year. The entire first-floor hallway has a brand new look and feel with fresh flooring, paint, lighting and artwork. The new feel has had a significant impact on potential new admissions as well as on our current residents. The updated look is refreshing, more modern and emits joy – and we are eager to eventually make these changes throughout the rest of the building as well.

On top of those changes, our entire technology infrastructure is being updated in early 2023 for the first time in over 10 years. This is a vital move to staying up-to-date with technology needs within our departments. Plus, it will also increase internet connectivity for residents.

Because of these important upgrades, we are asking for our community's support. During #weGiveCatholic on November 29, all funds raised will help us complete these much-needed projects to increase resident and staff quality of life and help us recruit new admissions.

We thank you for continuously advocating for us, praying and supporting our work. We count our blessings each and every day!

With joy and thanks,

A handwritten signature in blue ink that reads "Breanne Cavileer".

Breanne Cavileer, LNHA, CDP
EXECUTIVE DIRECTOR

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THE LIGHTS ARE HERE!

SUCCESSFUL NIGHT OF HEARTS FUNDRAISING CAMPAIGN BRINGS COLOR-CHANGING ILLUMINATION

The Night of Hearts fundraising campaign launched in February 2022 and successfully raised funds to install LED color-changing lights around the exterior of the Light of Hearts Villa building. The new lights were installed on June 7. With them, the unique features of the building sparkle, even in the dark.

On a normal day, the lights will be the standard branding colors of a darker blue and a lighter blue. Depending on the season, holiday or special occasion, the colors will change. When they do change, you can visit lightofheartsvilla.org under “About Us” to learn why they are changing. How ILLUMINATING!



GALA Continued from page 1

The fund-a-need portion of the event raised funds to help complete facility upgrades that began in 2021. The entire first-floor hallway was fully renovated in 2021. With the \$12,000 raised from the fund-a-need appeal at the gala, another full section of a hallway will be able to be completed by the end of 2022.

“You can truly tell that our mission and our heart for this work resonates with our supporters. They show up for us time and time again. We say it a lot, but we really couldn’t fulfill this work without philanthropic donations and without events like the gala – it just wouldn’t be possible. We’re grateful that we have this army behind us that cares for our residents as much as we do,” said Breanne Cavileer, executive director. ♦



Sister Regina Kusnir, SC, and Amy Huntley, director of development and communications

Phyllis Barone Receives Inaugural Radiant Heart Award at Light the Way Gala



In holding a new kind of fundraising event with the Light the Way Gala [see cover story], it seemed like the perfect time to introduce a new kind of recognition to honor the incredible community of Light of Hearts Villa supporters.

Introducing the Radiant Heart Award, which will honor one outstanding supporter each year who has gone above and beyond for the Light of Hearts Villa mission — giving of their time, treasures and talents and expecting nothing in return.

Sister Regina Kusnir, SC, presented the first annual Radiant Heart Award to Phyllis Ann Barone at the Light the Way Gala by reading the poem to the right.

In accepting the award, Phyllis said, “I was genuinely humbled and in shock when I realized she was talking about me in that poem. It’s the proudest I’ve been in my life. I love to give back as much as I can to the Villa. It’s such a special place that has a peace you feel when you enter. I am so honored to be recognized, but they know it’s not necessary. I would give this much no matter what because it’s important to me.” ♦

Thank you for all you do, Phyllis!





Pulling weeds and planting flowers
they never seem to mind the hours.
The reward as they beautify the grounds
is seeing residents delight as they make their rounds.

A joyful spirit ~ fills their soul and their creative ways
as treats for residents & staff they make for holidays.
A water fountain for our Lumen Lane guests
offers the sound of running water as on the patio they rest.
Creating and buying raffle items and gift cards for staff
provides holiday fun and hopes ~ and lots of laughs.

Bow making and basket wrapping for events like tonight
Volunteering and working flea markets are among her many delights.
A heart for the poor, she helps stock our Seton Safety Net shelves.
Sensing when the food closet is running low, she becomes its elf.

With a financial gift so incredible
she was able to name the beautiful back patio grounds
Truly making an investment into the Villa community
that for years to come will make impressions abound.

How, you may wonder, did this person come to know
Light of Hearts Villa and help make it grow?

Now was it a resident loved one who at the Villa lived or does live
or a Lumen Cordium alumna who continues to give?

Well, this award recipient simply got connected by attending a Mass
at the invitation of a friend. Now the years have gone past.

It is amazing how God brings people to the Villa
to be His hands and feet.

And uses them for His glory. Now I'd like you to meet
The Radiant Heart Award recipient who has a heart of gold
Whose love of our Mission and of our residents she does hold.

Light of Hearts Villa is thrilled to present the first annual
Radiant Heart Award to Phyllis Ann Barone.

DONOR SPOTLIGHT :: ROBERT AND MARY ANN KAMINSKI

Making an Impact by Inspiring Others to Give During #weGiveCatholic

Deacon Robert Kaminski and his wife, Mary Ann, began a relationship with Light of Hearts Villa many years ago when they sent their daughter to school at the former Lumen Cordium High School. Even after their daughter graduated and the family moved to Illinois, the Kaminski family has continued to stay connected to the Light of Hearts Villa community.

“I had Catholic school teachers and that played a significant role in my youth years, so now I prioritize giving back to Catholic organizations. My daughter also went to school at Lumen Cordium and my family and I have nothing but wonderful memories of it. I still say to this day that it was the best run Catholic school I ever knew of,” said Robert.

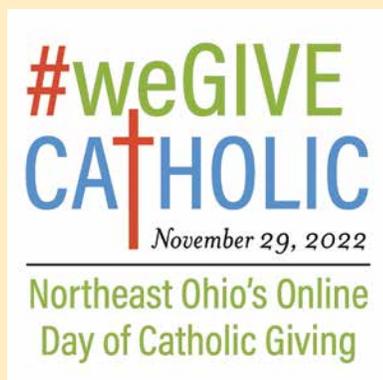
So, when approached with an ask to help during last year’s #weGiveCatholic Giving Tuesday, it was an immediate “yes” and then some for Robert and Mary Ann.

“Robert really liked that I had made an ambitious goal for the giving day, double than the previous year. He said he felt like God was asking him to respond big, so he did. He matched half of the goal of \$10,000. So all the rest of us had to do was get to \$5,000 and we would make that goal of \$10,000 for our residents. It made such a difference in the success of the day. We ended up raising \$14,590,” said Amy Huntley, director of development and communications.

A matching gift makes a significant impact on the success of a campaign because funds are matched dollar for dollar.

If you're interested in contributing a matching gift of \$1,000 or more for #weGiveCatholic that happens November 29, please reach out to Amy Huntley at amy.huntley@lightofheartsvilla.org or 440.232.1991 ext. 524. ♦

weGiveCatholic 2022
Save the Date –
Tuesday, November 29



#weGiveCatholic is 24 hours of fun and fundraising hosted by the Catholic Community Foundation that takes place on Giving Tuesday each year. This is a day dedicated to giving thanks and giving back.

There are opportunities throughout the day for Light of Hearts Villa to win special cash prizes from the Catholic Community Foundation. Anyone can donate and all gifts are 100% tax deductible.

About the Need

The Vincentian Sisters of Charity of Bedford, Ohio, established Light of Hearts Villa 33 years ago. The building was formerly used as an all-girls Catholic high school, Lumen Cordium (which is Latin for light of hearts). When the school closed

due to declining enrollment, the sisters immediately dreamed of a ministry to those whose needs were not yet being met.

It has been 33 years since the building became an elder care community. The same carpet, wallpaper, lighting and more are showing their age and the need for a face lift.

In 2021, the expanded and renovated Lumen Lane Neighborhood officially opened for memory care residents. Every part of this design was carefully thought through, from the paint colors, art work, quality of flooring to the lighting that was chosen. The idea was to eventually carry the same look and feel through the rest of the building.

Tips for Year-End Planning to Benefit Both You and Light of Hearts Villa

Thanks to you, our generous donors, Light of Hearts Villa is able to provide exceptional, compassionate care to those who need it most in a beautiful, comfortable home. Here are some points to consider as you plan your end-of-year giving.

IRA Charitable Rollover Gift

If you are 70½ years of age or older, you can support Light of Hearts Villa through distributions from your Individual Retirement Account (IRA). Your IRA Charitable Rollover Gift may satisfy your annual required minimum distribution and reduce your taxable income.

Gifts of Stock

You may also consider donating gifts of stock. Depending on the stock's current value, you may avoid capital gains tax or deduct the loss in value while donating the proceeds of the sale to Light of Hearts Villa. Consult your financial advisor for the most advantageous opportunities for you.

Bequests

Creating a bequest is one of the most popular options for legacy giving. With the help of a lawyer, you can designate which charities or nonprofits are included in your will. This can be done a number of ways:

- **Percent bequest** — where a certain percent of your estate will can be donated
- **Specific bequest** — where a certain dollar amount is gifted
- **Residual bequest** — where a gift is made from the balance of your estate

Bequests are ideal for donors who want to split their estate between family, friends and their favorite charitable nonprofits. You can also designate that your bequest be spread out across several years, so the money isn't spent all at once.

Charitable Gift Annuity

Charitable Gift Annuities (CGA) continue to be a popular gift for many. A Light of Hearts Villa Charitable Gift Annuity is a simple agreement between you and Light of Hearts Villa (LOHV). In exchange for your gift, LOHV promises to pay you a fixed sum each year for life. After your lifetime, the remainder will go toward LOHV's mission of care and compassion.

A Light of Hearts Villa CGA allows you to make a gift that will pay you income for life at very attractive fixed rates of return. Current bank certificate of deposit rates are paying up to 4%, if you are lucky. But, if you are 75 years old, you can establish a Light of Hearts Villa CGA that pays a rate of 6%. The minimum age to establish an LOHV annuity is 60.

For your convenience, you can also support Light of Hearts Villa through your donor advised fund. Please call Director of Development and Communications Amy Huntley at 440.232.1991 ext. 524 or amy.huntley@lightofheartsvilla.org for more information.

This information is not intended or offered as financial or legal counsel. Before making any of the aforementioned gifts, please consult with your financial and legal advisors. Inform us of any gift you intend to make so that we can discuss your preferences for gift acknowledgment and designation.

This year alone, updates to the entire first floor of assisted living and memory care have been completed, and the reactions have been priceless.

While these upgrades are an important investment for the Light of Hearts community, they certainly are not cheap. The first-floor hallway has been a priority this year, but it would be a blessing to raise the funds to complete another hallway for residents by the end of this year.

It costs approximately \$20,000 for one hallway area between the lights, flooring and painting. Last year, \$14,590 was raised during #weGiveCatholic and this year we are aiming even higher to complete another hallway renovation.

To make a donation toward our #weGiveCatholic goal, you can donate online anytime on Tuesday, November 29, between 12:00 a.m. and 11:59 p.m. at www.wegivecatholic.org/organization/lightofheartsvilla or by mailing a check in the enclosed envelope before November 29, 2022.

2018: 22 gifts, \$1,020

2019: 27 gifts, \$2,165

2020: 84 gifts, \$7,265

2021: 61 gifts, \$14,590

2022: Goal = \$20,000

Spread the word and help us reach our big goal of \$20,000 on #weGiveCatholic Giving Tuesday!

16 Years of Service at Light of Hearts Villa

Director of Human Resources Sister Sandy Emrich, SCN, has diligently served at Light of Hearts Villa for more than 16 years. Villa Voices sat down with Sr. Sandy to learn more about her religious life journey and time at Light of Hearts Villa.



Q. When and how did you start getting involved with Light of Hearts Villa?

A. I started my ministry at Light of Hearts Villa on January 16, 2006. Prior to that, I had learned about some of our sisters going to

Bedford to work with the Slovak population in the early 1900s, so I was aware of the Vincentian Sisters of Charity (VSC) in Bedford before I entered the Vincentian Sisters of Charity of Pittsburgh. I was at a retreat in Pittsburgh that included various communities and I met some of the sisters from Bedford. Then in 1998, one of our sisters went to Light of Hearts Villa for senior care, so I became more acquainted with the organization when I would visit. Years later, Sister Helen T. Scasny was the executive director and she offered me a position on the administrative staff and I accepted.

Q. What has your time here been like over the years and how has your role evolved?

A. My role has certainly evolved quite a bit over the years, serving where the need arises. Some of my responsibilities have included administrative support, finance, accounting, payroll and receptionist. I also play an active role in helping with religious areas whenever possible – whether decorating in the chapel for special occasions or participating in services, and making sure residents are able to attend. This is a special part of my life as a Sister of Charity. I am grateful for the support of these sisters and what I learned from them and cherish in my heart. As time went on, I was asked to take on the director of human resources position. I enjoy onboarding new

team members and helping each of our current team members navigate whatever may need attention.

Q. How long have you been in religious life and what has that journey been like for you?

A. I entered the VSCs in Pittsburgh 39 years ago in April 1983. As in any lifestyle, there are many joys along with challenges. The joys far outweigh the difficult times in my life as a sister. In 2008, our community merged with the Sisters of Charity of Nazareth to continue our life with charity in more ways.

Q. What impact has Light of Hearts Villa had on you?

A. I have been blessed over the years in my life from my various ministries in accounting, teaching younger children, starting the infant care in our child care in Pittsburgh, and now serving our residents over these past 16 years. I've learned from the innocent children and am now at the other end of the spectrum, listening to our residents and learning from their wisdom.

Q. What is a life lesson that you've learned that you'd like to pass onto others?

A. Among many life lessons, the most important one for me at this time in my life is to always remember to treat others as you would like to be treated.

Q. What are some hobbies and activities you like to enjoy in your spare time?

A. I enjoy spending time with my family at home or on vacation. Music was always a big part of life growing up and I enjoy going to concerts. I also enjoy going to amusement parks. Roller coasters are the best and I relate them to life with the ups, downs, the surprising twists and turns, which I can relate to in life. ♦

CAREGIVER SPOTLIGHT ::

What it Means to Caregivers to Work at Light of Hearts Villa

Light of Hearts Villa has the honor of employing many dedicated and caring individuals. We asked a few of our team members to tell us more about themselves and what it means to them to work for Light of Hearts Villa.



Patty and Scot Martin *Front Desk Associate and Maintenance Assistant*

Patty and Scot Martin are a dynamic duo guests often see when they visit. Scot has worked at Light of Hearts Villa for over two years and when his wife, Patty, retired from teaching, she joined the family as well. “We both feel that Light of Hearts Villa is a very special place to work. When we started working here, it felt like we were home,” said Patty.

In addition to taking care of all things front-desk related, Patty enjoys crocheting, baking and being around the residents at work who “feel like grandparents.” Scot is often seen around the Villa painting walls and installing various items, and is an overall jack-of-all-trades. In his spare time, he enjoys fishing, camping, hunting and hiking. “We genuinely appreciate the opportunity to make a difference in the lives of the residents here. It’s a wonderful place to work where everyone is a team,” said Scot.



Amanda Miko *Nurse, Wellness Team*

Through her 10 years of service at Light of Hearts Villa, resident nurse Amanda Miko said she loves her coworkers and the residents. “This place is more of a community than it is a workplace and it feels like home away from home.”

Amanda got connected to Light of Hearts Villa by her grandma, Lee, who used to love attending Mass at the Villa before she passed away in 2020. Amanda graduated from nursing school in 2010 and learned from some fellow graduates about working at the Villa. Ten years later and Amanda is happy she did. She said, “I feel like the Villa truly cares about their residents and they get above-and-beyond care that you don’t see at many places. I hope to work here for many years to come.” In her spare time, Amanda enjoys being a mom to three girls, camping, boating and spending time with her family and friends. ♦

Help Us Celebrate Milestone Birthdays



After turning 102 in June, resident Doris Thomas can still be found getting her steps in walking the halls of Light of Hearts. It's one of her favorite activities – that and peering out the back windows at the landscaped back patio. Doris, like each resident, has a story to share, a whole life lived before coming to live at the Villa. Doris celebrated her birthday at the monthly “Birthday Bash” in June.

“We all look forward to our Birthday Bash celebrations each month because it’s truly a time to recognize and celebrate our residents. We invite their families in and the mayor reads a proclamation for those celebrating milestone birthdays. It truly is a special time,” said Breanne Cavileer, executive director of Light of Hearts Villa.

The Life Enrichment Team is dedicated to making each month a celebration, and that includes special treats and drinks for the residents, decorative party gear and live entertainment.

In 2022, supporters sponsored five Birthday Bashes, including Cornerstone Caregiving, Home Instead Senior Care and Serenity Hospice. You can be part of these celebrations in 2023 by being a \$300-\$500 level sponsor of a Birthday Bash. Your sponsorship helps offset the costs and you’re invited to come in and celebrate with us and the birthday gals and guys.

To sponsor a 2023 Birthday Bash or to learn more, please contact Amy Huntley, director of development and communications, at 440-232-1991 ext. 524 or amy.huntley@lightofheartsvilla.org. ♦



Life Enrichment Assistant Diann Kubinski (left) and Director Anne Messer prep the treats for a monthly Birthday Bash celebration.



Pictured is Doris Thomas with Bedford Mayor Stan Koci (left) and Ward 3 Councilperson Vic Fluharty after receiving her proclamation from the city for turning 102.



Get to Know Doris

Doris was born in Cleveland on June 17, 1920. // Her father was a construction estimator. // Spent most of her childhood growing up in Milwaukee, Wisconsin. // Moved back to Cleveland at age 11 and graduated from East High. // Moved to Wheeling, Virginia, after she graduated from high school. // Doris met Everett Thomas in Wheeling, but moved away with her family to Illinois. Despite the distance, Doris and Everett stayed in touch through letters and phone calls and were later married. // In 1942, Doris and Everett moved to Cleveland to start a family. // Everett worked in the Maple Heights Schools System as a band director and then later became a principal. // Together, they raised five children: Alan, Lary, Valerie, Randall and Beverly. // As a family, they enjoyed going camping and traveled to many different states. // Doris and Everett retired and moved to Florida, where they enjoyed 45 years of playing shuffleboard, bingo, painting and becoming grandparents and great grandparents. // When Everett passed away, Doris moved back to Cleveland to be closer to her family and moved into Light of Hearts Villa in August 2019. // Doris enjoys visiting with family and staying active walking the halls of the Villa. We  you, Doris!

Tips for Helping a Loved One Cope with Alzheimer's Disease

In September, we recognized World Alzheimer's Month. More than 6 million Americans are living with Alzheimer's disease, a type of dementia that affects memory, thinking and behavior. Did you know it can affect mental health, too? According to the Alzheimer's Association, up to 40% of people with Alzheimer's disease have "significant depression."

Fortunately, there are ways to help enhance their quality of life and improve these symptoms. Here are a few research-backed tips to help alleviate depression among those who are living with dementia:

Pet Therapy

Visits from animals that are part of a pet therapy program can be a perfect way for people to receive the mood-boosting benefits of pet companionship when they are unable to have their own pets full-time. Spending time with an animal can be calming and reduce feelings of sadness and loneliness.



Music Therapy

The right music can help reduce anxiety and agitation while supporting the ability for older adults with dementia to reminisce, whether they are able to recall specific memories or they simply enjoy a "feeling" that certain music creates.

Calming Environment

To reduce frustration and depression, it can be helpful to create an environment to support the new needs of your loved one. Some simple but very impactful options include adding more natural light inside the home or creating garden areas where older adults can work with their hands or simply sit and enjoy the beauty of nature.

Social Interaction

Feeling isolated can be a contributing factor to depression. Creating opportunities for your loved one to interact, whether through a communal activity such as gardening, an exercise class or even a support group, can help to reduce their loneliness.

Lumen Lane Memory Care Neighborhood

At the Light of Hearts Villa Lumen Lane Memory Care Neighborhood, each of these research-backed tips are closely intertwined with the care residents receive. For example, pet therapy animals are allowed to visit residents. Life-like pets are also part of a sensory room for residents to experience at any time. Music is incorporated through activities such as live performers, sing-alongs and music trivia. For a calming environment, a welcoming neighborhood concept and open spaces give residents a sense of freedom in a safe environment and specialized decor helps them recognize their surroundings. The enclosed garden area also features a calming water fountain, a standing garden box they can plant in and comfortable lounging areas.



As a caregiver, it is vital to take care of your own mental health and remember you don't have to care for your loved one alone. Light of Hearts Villa offers a resident-centric focus, stimulating environments and positive energy to enhance your loved one's quality of life and optimize your time together.

For more information on our memory care services for your loved one, please contact Kieran Patton, director of admissions and community relations, at Kieran.patton@lightofheartsvilla.org or 440.232.1991 ext. 520.

National Assisted Living Week 2022: Joyful Moments

National Assisted Living Week (NALW) provides a unique opportunity for residents, their loved ones, staff, volunteers and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities.

This year's national theme was "Joyful Moments" for the week of September 11-17. It was perfect to tie into the theme at Light of Hearts Villa of recognizing joy-filled moments, which was the focus of this year's Mission In-Service.

While residents engage daily through the Light of Hearts Villa Life Enrichment Program, NALW provides even more opportunities for residents during this special week. Led by the Life Enrichment Team – Anne Messer, Diann Kubinski, Kathy Orchard and Jamie Prasnick – Light of Hearts Villa hosted a variety of activities to celebrate team members and residents by coordinating fun games, treats, service awards, a special picnic and more to recognize and appreciate the "joyful moments."

Milestone Anniversaries

Employees who reached milestone anniversaries were celebrated during National Assisted Living Week. Congratulations and thank you to our incredible team members who help make this community all that it is.

5 Years

Diane Ciccerello
Anne Marie Moore
Karen Moses
Christopher Sanders
Patricia Stinson

10 Years

Peggy Barton
Robert Evans
Calvin Kindell
Amanda Miko

15 Years

Maria Isvanca

25 Years

Diann Kubinski



An ice cream social kicked off National Assisted Living Week; The Lumen Lane Memory Care Neighborhood celebrated with live acoustic tunes by John Thayer; Residents had a jammin' time listening to live music on the back patio by The Monotones and enjoyed burgers straight from the grill, watermelon, pasta salad, ice cream and more.

NEWS *and* NOTES

2023 Certified Dementia Practitioner Trainings + Caregiver Support Groups

Thanks to the State Farm Neighborhood Assist Funding program and our community voting Light of Hearts Villa into the top 100, we won a \$25,000 grant for dementia education and caregiver support! These trainings and support group dates are being planned and will be added to the calendar, so stay tuned. Look for more information in email communications and social media channels. Also, events are always listed on the Light of Hearts Villa website.



Around the Villa

Have you ever heard of a “do-be” craft? Probably not, but luckily Activities Assistant Diann Kubinski had. She introduced this fun little idea! Residents put together cute clay gnomes and got to choose a word to put on them as a reminder of what to do-be...Do-be kind, do-be loving, do-be generous.



Resident Marilyn Wochna has been enjoying taking care of her plant boxes all summer. She has a true green thumb.



Residents enjoyed an outing to local favorite ice cream parlor, Park Place, where they enjoyed burgers and ice cream treats.



The July ladies' tea party was a flamingling time where residents enjoyed flamingo crafts, fun facts, tea, pink treats and more.



Board members gather for a photo at the Light the Way Gala in August.

Board of Directors Highlights

Thank You, Bob Smolko and Carol Szczepanik!

Two long-time board members are serving at their last meeting in November 2022.

Robert Smolko: 9 Years of Service

Bob was first connected to the ministry when he and his wife, Jean, learned they could attend Mass at Light of Hearts Villa on Saturdays. There, they met many staff members, residents and their families. “When we were attending Mass all those years, we learned firsthand the care and sense of community that the Villa provided, so when both of my parents were in their 90s and needed additional help, it was a no brainer to move them into Light of Hearts Villa,” said Bob.

Thank you, Bob, for providing consistent and thoughtful guidance throughout your years of service on the board! Your time as treasurer provided invaluable fiscal oversight and perspective to the organization and we are so grateful for your steadfast support of our mission.

Carol Szczepanik: 10 Years of Service

Before Light of Hearts Villa was an assisted living community, it was an all-girls Catholic high school called Lumen Cordium. Carol was a graduate of Lumen Cordium, so when it was time to find a home for her mother, she knew exactly where to go. “A big part of making that decision was the sense of peace and love that I felt the first time I visited and still feel to this day,” said Carol.

Thank you, Carol, for your continuous commitment to this work. In your 10 years of service, six of those being board chair, you performed with dedication, grace and tenacity. We are most grateful for your leadership and advocacy for this organization.

“We are truly grateful to these outgoing members who have volunteered their time to Light of Hearts Villa, dedicating significant time and energy to help chart our past, present and future.”

– Executive Director Breanne Cavileer

Welcome New Board Members

Welcome to the board two new members, Jane Soposky and Patrick Melnick. “We are grateful and excited to have these two join the board and bring their unique talents, expertise and perspectives to the work of Light of Hearts Villa in order to further our mission,” said Executive Director Breanne Cavileer.

Jane Soposky

Jane retired after an extensive career in health care. Most recently, she served as the vice president of patient care services at Summa Health System. She has also served as an administrative director at Saint Thomas Hospital and as head nurse in the Department of Medical Nursing at the Cleveland Clinic Foundation. Jane was connected to Light of Hearts Villa when her mother, Adeline, was a resident.

Jane said, “After 67 years in our family home, my mother moved to Light of Hearts Villa for the support services she needed. She loved the beautiful one-bedroom apartment near the chapel and the warm welcome she received. I was worried about her adjustment, which disappeared when I learned she was out and about and attending an exercise class at 10 a.m. the day after she moved in. I am eager to use my knowledge base in health care administration and geriatric mental health nursing to support the excellence in care that makes Light of Hearts Villa a unique and special assisted living facility.”

Patrick Melnick

Patrick is a local Bedford resident who was connected to Light of Hearts Villa when his mother had a respite stay in early 2022. He was so pleased with the care she received and as he learned more about the ministry, he knew he wanted to get involved. “I just knew that this was a place I wanted to do more for. It’s such an asset to our community and to our elderly, serving a greater purpose. I’m grateful to be accepted on the board of directors,” he said. Patrick has served as the vice president of academic affairs for the North Coast College and is currently the lead consultant for its reaccreditation process.



LIGHT of HEARTS VILLA

A Ministry of the Sisters of Charity Health System

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lightofheartsvilla.org

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LIKE US ON FACEBOOK!

We frequently share resident events and photos,
organizational news and employee recognitions!

Villa Voices is published to keep our supporters and
residents updated on the many wonderful people
and things that take place here every day.

WRITING: Amy Huntley EDITING: Brad Hauber
DESIGN: Diane Roberto

WISH *list*

*The Wish List is for those wishing to help in a specific way. We share our current
needs below. We are extremely appreciative of your support. **THANK YOU!***

ACTIVITIES DEPARTMENT

- Birthday Bash Monthly Sponsors
for 2023 (\$300-\$500)
- Binoculars for bird watching
- Sponsor a special resident Christmas
gift at \$50 each

MEMORY CARE

- Reality Orientation Display Board
from Signs Direct (\$350)

OPERATIONS

- Sponsor a special staff thank-you gift
for Christmas at \$50 each

*Contact Amy Huntley at amy.huntley@lightofheartsvilla.org
or 440.232.1991
ext. 524 to make arrangements or if you
have any questions.*

*Financial and estate information contained in this newsletter is offered for general information and is not to be interpreted as legal
or professional advice. Please consult with your attorney, financial or tax advisor for information specific to your situation.*

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