



VILLA VOICES

SPRING/SUMMER 2021

A Light at the End of the Tunnel

Seniors were some of the first people to receive the COVID-19 vaccination. Light of Hearts Villa received both doses of the Pfizer vaccine in February 2021 as a big step toward normalcy.



“The vaccine provides hope and as many have said this is ‘a light at the end of the tunnel’ when it comes to the ongoing pandemic. Those who have received the vaccine say it brings a sense of positivity that they may be able to return to some sense of normalcy in the near future,”

said Breanne Cavileer, Light of Hearts Villa executive director. “In sharing why the vaccine was important to

them, health, family, friends and community were a consistent theme among our residents and staff.”

With 100 percent of residents vaccinated and new updates on restrictions from the Ohio Department of Health, things are slowly but surely heading in the right direction. For starters, residents have been allowed to hug their loved ones during visits, some in-person entertainment for residents to enjoy has returned and the dining hall is on-track to open to everyone by June 1.

“While we can see the light at the end of the tunnel, we know we are still in the tunnel,” said Breanne. “It is so important for the seniors in our community to continue to be patient, be smart and do their part to keep themselves healthy as we navigate to the end, which is why some important restrictions are still in place to ensure continued safety.”

So, what can we all do now as we get closer to “the light at the end of the tunnel?”

Find out how on page 4

:: OUR MISSION

We are devoted to providing premier senior residential living and community outreach services. Through our faith-based values, we affirm the integrity of each person and encourage them on their journey of aging.

Lighting the way for senior care.

A NOTE FROM THE
EXECUTIVE DIRECTOR

The Best is Yet to Come.

Dear Friends,

What a whirlwind. Sitting here trying to think about what to say, I just have so many thoughts. Thoughts about the resiliency of our residents, gratitude for our supporters and feelings of awe in regard to our staff (my heroes).

We've been persevering and taking it day by day, listening and learning alongside the rest of the world. The coronavirus has exposed more than just health care disparities, but also some deep systemic problems in our society that we often just looked past in the hustle and bustle of everyday life.

With the new coronavirus vaccines, it is so exciting to finally see that light at the end of the tunnel with this pandemic—but we as a community must continue to acknowledge the racial disparities and injustice, and do our part to create real change. As a Catholic health care ministry, we must raise our awareness, open our eyes and prepare ourselves to be surprised by hope. We continue to look for the hope, to share the hope.

“Above all, love each other deeply, because love covers a multitude of sins.” — 1 PETER 4:8

I also want to use this space here to express my extreme gratitude to our team members who surprised me with the appreciation article in the last issue of *Villa Voices*. I was humbled and pushed to tears by your kind words. Leading an assisted living and memory care facility during a year like this past one has been very difficult at times. Still, every day I wake up grateful for this job, this community and this family. I get to look forward to coming to work, and that is something I do not take lightly.



Before coming to Light of Hearts Villa, I spent over 15 years working in corporate long-term care facilities. While I learned the important ins and outs of running a facility like this, I feel like I was taught to push down any emotion, lead with a business mindset, work myself to the bone and focus on generating revenue... But even then it was my love for the residents that kept me going.

At Light of Hearts Villa where resident care and quality of life is our focus, I am so grateful that I don't have to feel bad for caring this much. I'm grateful for a team who is mission-focused, faith-based and puts the residents first.

We have a saying here: “You don't find the Villa, the Villa finds you.” I find this to be so true—God places each and every individual here for a reason at different times; some for a season, some for over 30 years. I am so glad God put Light of Hearts Villa into my life and I have so many goals, hopes and dreams for this community over the coming years. I can't wait to share these projects and ideas with you, invite you back into the building and so much more. Thank you for being on this journey with us—the best is yet to come!

All my gratitude,

Breanne Cavileer, LNHA, CDP
EXECUTIVE DIRECTOR





LUMINARY ILLUMINATIONS



Shine a Light on Our Loved Ones and Heroes

LIGHT of HEARTS VILLA

Save the Date: LUMINARY ILLUMINATIONS

“Shine a Light on Our Loved Ones & Heroes”

September 16, 2021 | Virtual Broadcast at 12 p.m.

Online raffle/auction will be open from September 1 at noon – September 15 at 3 p.m.

During National Assisted Living Week this year, save the date for a very special virtual event: Luminary Illuminations.

LUMINARY: *a person who inspires or influences others, especially one prominent in a particular sphere or a natural light-giving body.*

ILLUMINATIONS: *the action of illuminating or state of being illuminated: such as a spiritual or intellectual enlightenment.*

Do you know someone you would like to honor while supporting the residents at Light of Hearts Villa? Shine a light on their heroism with a luminary. Whether it is a loved one who has passed away, a current resident, an essential worker, health care hero, a teacher or grocery store clerk... anyone who makes life a bit brighter for you and others—we want to honor them. The chapel will be lined with beautiful luminaries with YOUR loved ones' names, and the broadcast will be dedicated to honoring each person.

At this year's virtual event, all proceeds will go directly toward the Sister Helen T. Scasny, SC, Benevolent Fund. This fund was designed to uphold the mission of Light of Hearts Villa by providing funding to support the residents who may have outlived their financial resources.

Please consider contributing this year to help us reach our goal of \$60,000. Invitations and additional details will be mailed in the summer of 2021—stay tuned.

NOW ACCEPTING IN-KIND SPONSORSHIPS

- **Gift Card Sponsor** | Donate any gift card, ticket or certificate that could be used as a fundraising incentive/prize (\$25 minimum value)
- **Raffle Sponsor** | Donate any unique and fun item to be used as a fundraising incentive/prize (must be in new condition)
- **Basket Sponsor** | Donate any unique and fun basket to be used as a fundraising incentive/prize

Visit lightofheartsvilla.org for more information or contact Development Manager Amy Huntley at 440.232.1991 ext. 524 or amy.huntley@lightofheartsvilla.org.

Continued from page 1

Here are some suggestions:

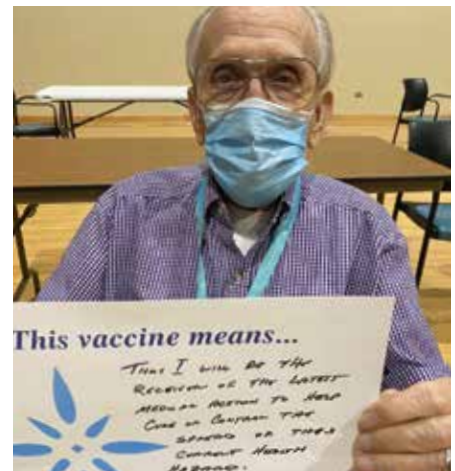
1. This year is a great time for seniors to *pick up a new hobby* that will help eliminate boredom during quarantine. It is the perfect opportunity to try something different that wasn't possible in the past. Painting, drawing, cooking, or maybe even playing a computer game are some suggested hobbies.
2. *Exercise and physical activity are essential.* Lifting weights or participating in virtual or socially distanced exercise classes can still be done throughout any season. During spring and summer, get outside and take a walk, pick up gardening with

the flower boxes on our patio (family members and supporters are welcome to bring their green thumb to Light of Hearts Villa), or just enjoy the sunshine and warmer air.

3. *Mind exercises* go hand in hand with physical exercise. It is important for seniors to keep their minds sharp. There are many ways to do this, including crossword puzzles, card games and crafts. Taking a break from TV and picking up a new book also is a great activity for the mind. At Light of Hearts Villa, residents have two activities per day that help them exercise their bodies or minds.

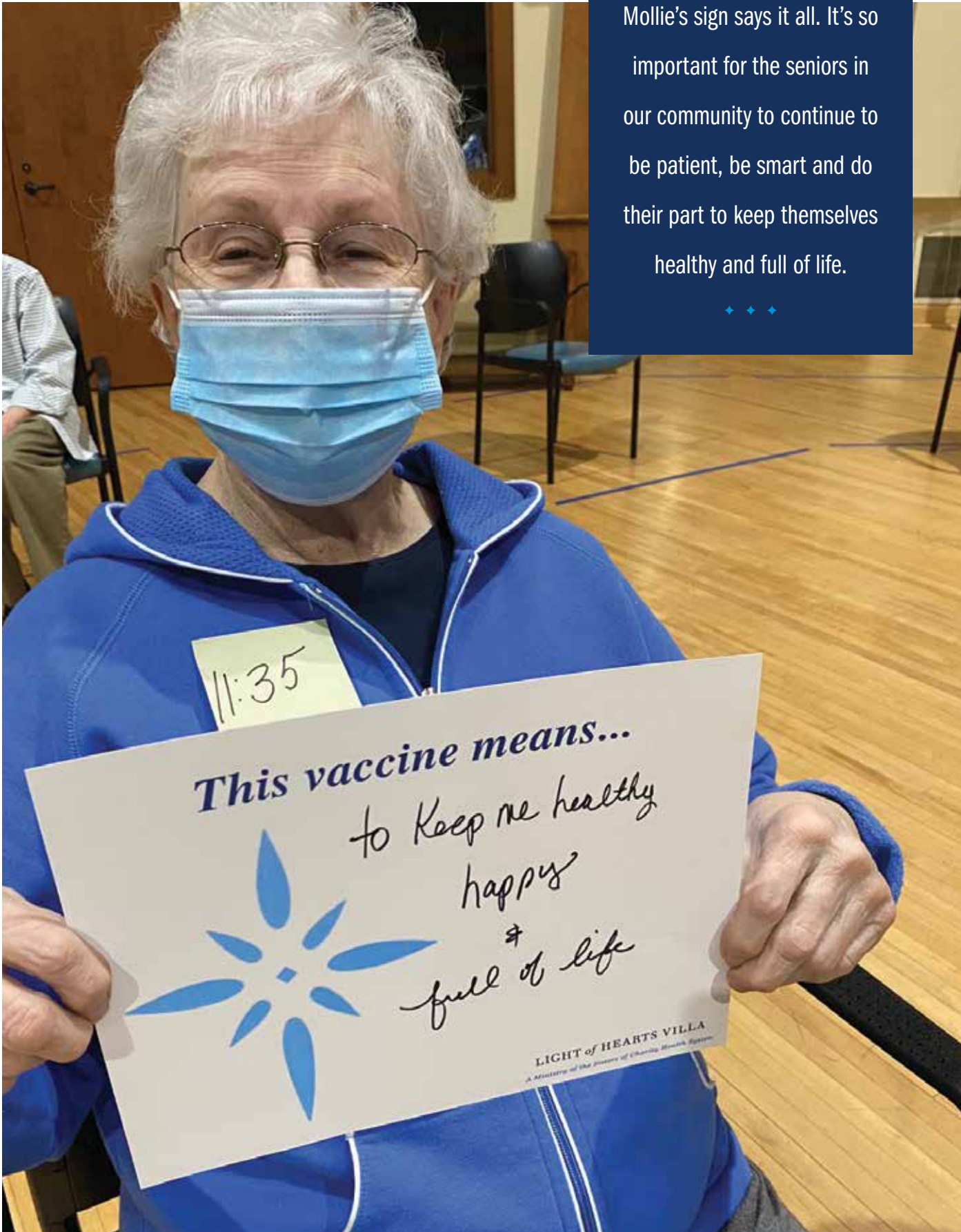
4. Along with exercising mind and body, *eating healthy* helps pave the way for a strong future. Healthy eating also will provide the strength to fight off illness. Fruits, vegetables and lean protein foods are recommended for seniors to maintain a healthy diet. "We are grateful for an incredible dietary team that keeps our community nourished," said Breanne.

As we continue into navigating a new normal, we hope that some of the activities will help guide you or a loved one to achieving the goal of an even better, healthier you. ♦





Mollie's sign says it all. It's so important for the seniors in our community to continue to be patient, be smart and do their part to keep themselves healthy and full of life.



This vaccine means...
to keep me healthy
happy
&
full of life



LIGHT of HEARTS VILLA
A Ministry of the province of Ontario Health System

Sister Regina Kusnir Celebrates 60 Years of Religious Life

Director of Pastoral and Special Ministries Sister Regina Kusnir, SC, is celebrating her 60th Jubilee this year (60 years of consecrated membership in her community). Villa Voices sat down with Sr. Regina to learn about her religious life journey.

Q: 60 years ago, why did you decide to enter into religious life?

A: The Vincentian Sisters of Charity (VSC) taught me in grade school. They were women who were concerned about the poor children in school. They would take them to the convent after school, give them a snack and wait with them for parents to arrive. If a student forgot to bring their lunch, they would provide one for them. The sisters also let us help them in the sacristy, and during the summers when they went to Bedford, they left us in charge. Annually, a guest sister would come to talk about VSC and invite us to consider it. Three of us from my 8th grade class entered VSC together.

Q: Could you give us a timeline of what your religious life journey has been like?

A: My educational and ministry experiences have been part of a journey of service to others. I attended Hoban-Dominican High School, then St. John



College where I received a BSE (1971) then an MSE (1975) with a major in religious education. I taught grades 2 and 5 before being assigned to teach junior high religion in a large school. I became a director of religious education then moved into pastoral ministry. I became a Certified Pastoral Minister in the Diocese (1988), attended Case Western Reserve University's Pastoral Psychology Institute, became a Certified Pastoral Administrator, and became a Covey Facilitator for the Diocese. The last opportunity allowed me to work with the National Federation of Priests Councils, meet other facilitators and travel to a number of places in the country.

Another aspect of life was the privilege of serving in VSC leadership. I was on the leadership team from 1983-1987 and 1999-2004 when we merged VSC with the Sisters of Charity of Cincinnati.

Q: With the ministry and life experience you now have, what wisdom or insights would you impart to others? What would you tell yourself as a young and enthusiastic sister?

A: When God presents a door in front of you, don't be afraid to walk in. Even the most unlikely invitations and challenges weave together into experience that proves itself as time goes by. Be grateful for every experience because there are gifts hidden within. Enjoy everything you do. Be creative as you try to meet the needs of those to whom you minister. Be amazed at what adventures will unfold in your life. Be a person of prayer and reflection. Collaborate with others. Be generous with your gifts and time. These will sustain you in everything you do, since often we have to "get out of the way" so that God can enter in.

Q: What impact has Light of Hearts Villa made on you?

A: Sr. Helen Therese and I were asked to lead the effort of bringing Light of Hearts Villa to life. Once it was up and running, I moved on to other ministries, until 2005 when I joined the staff of LOHV.

I love the ministry here. Our residents, staff, volunteers, families and benefactors are amazing individuals. The experiences of my life all contribute to what I do on a daily basis and with the professional groups that I belong to in the Sisters of Charity Health System and my Sisters of Charity community. No two days are the same.

I especially love doing Bible study with residents and people in the community who join us, and the Annual Mission In-Service for staff. There is also a grace in walking with residents, families and staff as life wanes and God brings them home.

Q: What Bible verse or verses resonate with you the most and why?

A: My favorite passage is the story of Emmaus, in Luke 24:13-35. Jesus walks alongside us in our comings and goings, explaining to us along the way. He breaks bread with us in the Eucharist and sets our hearts on fire as we ponder the Scriptures. The road is the road of life. We travel it with others, accompanied by Christ, in order that we might share the good news with others.

There are also two sayings of St. Vincent DePaul that inspire me. He told his followers to "meet the needs that God lets us see" and to "be creative to infinity." These guided us when we closed Lumen Cordium High School in 1987 and determined that Light of Hearts Villa (1989) was what God wanted us to do. We didn't have any experience in this kind of endeavor. Later we learned that we accomplished this transition in record time.

Q: Anything else on your heart you'd like to share??

A: Thank you, our readers and supporters. You are part of this Villa family that is doing God's work to meet the needs of those who reside here. Together, we are "making God's love visible." ♦

"We are endlessly grateful for all that Sister Regina brings to Light of Hearts Villa. She truly embodies the mission of our organization and brings joy and peace to our residents and staff every single day."

— Executive Director Breanne Cavileer

Expanded and Renovated Lumen Lane Memory Care Center is Now Open

Fully designed to meet the needs of the growing population deserving specialized memory care, the expanded and renovated Lumen Lane Memory Care Center officially opened on May 3. The new space includes a welcoming neighborhood concept and open spaces to give residents a sense of freedom in a safe environment. Uniquely connected to the rest of Light of Hearts Villa, it makes it easy for those who might reside in other areas of the campus to stay close to their loved one, while they remain in a safe, secure environment.

“We were so excited to finally unveil our new and improved memory care area to our residents and staff. After a few delays on the project, our community was more than ready to be able to finally utilize this incredible space,” said Executive Director Breanne Cavileer.

With additional open and well-lit spaces, memory care residents are now able to dine in one room and participate in activities in another. The ample amount of space both indoors and in their new enclosed



Photos by Anita Louise Photography

outdoor patio will enrich their lives and keep them safe. More space on the second floor added 10 more apartments as memory care rooms, expanding the Lumen Lane Memory Care Center even further.

“It’s not just about meeting today’s needs, but looking ahead and anticipating the needs of the future. With highly trained staff, innovative treatments and a commitment to the future for comprehensive memory care, Light of Hearts Villa is stepping forward as the premier center of excellence in our region,” said Breanne.

The community’s support for the project has been exceptional. There are still naming opportunities available. Whether it is sponsoring the patio area, second floor activity area or simply making a gift of \$1,000 or more in a loved one’s memory, there are many options to support the ongoing financial impact this project has put on Light of Hearts Villa.

Please contact Development Manager Amy Huntley at 440.232.1991 ext. 524 for more information about naming and giving opportunities. ♦



It's not just about meeting today's needs, but looking ahead and anticipating the needs of the future.



DONOR SPOTLIGHT

Sandy and Carl Pannetti Help Residents Keep the Beat



Sometimes answering the call to give back to the residents of Light of Hearts Villa looks different than usual. When the Light of Hearts Villa activities department wanted to introduce a drum circle to residents as an exercise activity, Sandy and Carl Pannetti answered that call. Sponsoring the costs of all of the supplies, the activities department quickly purchased the necessary materials and introduced residents to a fun, new activity after a hard year.

“Fitness and movement are keys to the mental and physical wellbeing of the seniors. I know my mother, Ethel loved the activities and outings when she lived at Light of Hearts Villa for 10 wonderful years, said Sandy. “I still say prayers for the staff and residents. I still speak regularly to some of the beloved aides who cared dearly for my mom. My husband, Carl, and I are so happy to sponsor a fun activity like this for such a special place.”

According to the Alzheimer’s Action Plan, drum circles for seniors have been known to help in the following areas:

- Reducing tension, anxiety, depression and stress
- Boosting the immune system and increasing energy
- Controlling chronic pain
- Releasing negative feelings
- Making social interactions and feeling a sense of community
- Improving language
- Improving joint mobility, posture and motor skills
- Providing self-realization
- Releasing negative feelings and emotional trauma

Years after their own loved one lived at Light of Hearts Villa, Sandy and Carl continue to give back and support the residents here and we are so grateful. ♦

If you have a great idea to share or you’re interested in sponsoring a similar activity for residents, please contact Development Manager Amy Huntley at 440.232.1991 ext. 524 or amy.huntley@lightofheartsvilla.org.



THANK YOU 2020 DONORS

Thank you for your support during these new and challenging times. Light of Hearts Villa gratefully acknowledges the generous individuals, organizations, corporations and foundations who made gifts during the unprecedented year of 2020.

Sharing your names is just one way we say our thanks to you. Each and every gift goes directly toward supporting the lives of our incredible residents. Know that the residents, staff and board of Light of Hearts Villa are deeply grateful for each and every gift. Please continue to keep Light of Hearts Villa in your prayers and charitable giving plans. Thank you!

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\$10,000+

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of Cleveland
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BOUNTIFUL HEARTS

\$5,000 - \$9,999

Catholic Community Foundation
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GENEROUS HEARTS

\$2,500 - \$4,999

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\$1,000 - \$2,499

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We strive to list all names accurately. To make a correction, please contact our Development Manager, Amy Huntley at amy.huntley@lightofheartsvilla.org or 440.232.1991 ext. 524. Thank you!

SETON SAFETY NET



The idea for the Seton Safety Net for Seniors was hatched in 2005 when a local hospital social worker contacted a Light of Hearts Villa social worker out of concern for a couple in their early 90s. The wife had

been hospitalized for a couple of weeks and there was a fear that they did not have food in the home. The Light of Hearts Villa social worker paid a visit and found that a can of soup was the only food there. She immediately went out to personally buy necessities for the couple.

The pattern was common.

When Sister Regina Kusnir, SC, joined Light of Hearts Villa as liaison to the social workers, she asked them how she could assist. They told her the story and she set about establishing Seton Safety Net as a food closet to immediately meet the need to provide food necessities. Seton Safety Net is named after St. Elizabeth Ann Seton, who also knew food shortfalls at different times in her life. Over the years, thousands of seniors have been blessed by the generosity of others.

In 2020, the list of supporters to the right raised \$4,310 and donated 1,668 non-perishable food items and \$375 in gift cards. Seton Safety Net provided food resources 121 times in 2020. The impact the food pantry has is evident in the many people who receive food, like a senior who recently called to ask for assistance. She was in need because she had brought her neighbors together to gather food for a neighbor who cares for her disabled son and had no food. Seton Safety Net is a living witness of Jesus: "When I was hungry you gave me food to eat."

2020 SETON SAFETY NET DONORS

Phyllis Barone
 Timothy and Jane C. Belko
 James A. Beres
 Sister Dorothy Ann Blatnica, SC
 Breanne and John Cavileer
 Frank and Carol Chaloupka
 Sister Estelle Chopnak, SCN
 Church of the Resurrection
 Cheryl L. and Leo Dagy
 Barbara Devereux
 Sister Sandy Emrich, SCN
 First Catholic Slovak Ladies Association
 Sister Mary Ann Flannery, SC
 Bruce Fox
 Annette M. Gadus
 Ryan Hagler
 Elizabeth J. Hickle
 Holy Angels Parish
 Reverend Walter J. Hyclak
 Tanya and Raymond Keaton
 Janet C. and Robert Kidney
 Agnes Kronitz
 Sister Regina Kusnir, SC
 Susan Lenahan
 Sister Margaret Mach, SC
 Sister Anita Maroun, SC
 Monica Monroe
 Cathy Peine
 Renita Porter Bartley
 Connie and George Radous
 Anna Romito
 Sister Helen T. Scasny, SC
 Sisters of Charity of Cincinnati
 Robert J. and Jean A. Smolko
 Trader Joe's
 Wendy A. and Timothy Zelei
 Francis and Joann Zubek

Russell Konst Leaves a Lasting Legacy through Life Insurance Policy

Millions of Americans make donations of cash and property to the charities of their choice each year. However, many donors are left wishing they could do more for the charities that they love and support.

Russell Robert Konst was one of those donors. He fell in love with the Light of Hearts Villa community when his mother, Helen, was a resident from 2006-2010. Helen is remembered as a sweet lady who loved attending Mass and activities with other residents. After she passed away, Russell made \$50 contributions when he could and stayed up-to-date by reading the *Villa Voices* newsletter, checking out Light of Hearts Villa social media and reading monthly email updates.

Russell, like many donors, wished he could do even more for this special place. That's when he learned of different planned giving options available to him and how easy it could actually be. With the stroke of a pen, Russell listed Light of Hearts Villa as a beneficiary to his life insurance policy.

Now, 11 years after his mother was a resident, his family

legacy is continuing to make such a difference. "These charitable contributions are what allow us to keep residents here even after they've outlived their financial resources and to provide them with premier senior residential living services. Our residents thrive because of hearts like Russell's," said Development Manager Amy Huntley.

Life insurance can be an effective and convenient asset to give. When you have a life insurance policy, you can use that to donate to a charity after you're gone by simply listing the organization as a beneficiary.

It was that easy for Russell Konst when he wanted to give back to Light of Hearts Villa in a special way, and it can be that easy for you to make a significant impact for the residents of Light of Hearts Villa. ♦

If you have any questions regarding planned giving options, please reach out to Development Manager Amy Huntley at amy.huntley@lightofheartsvilla.org or 440.232.1991 ext. 524



WAYS TO GIVE :: Light the Way Legacy Society

With the Light the Way Legacy Society, you make provisions today that will meet the needs of tomorrow for residents. The Light the Way Legacy Society is a special group of supporters who have chosen to make a lasting commitment to Light of Hearts Villa and its residents through a variety of estate-planning tools, including a bequest in a will or trust, charitable gift annuities, charitable remainder trusts, IRA designates, gifts of life insurance and much more. Light of Hearts Villa honors the Light the Way Legacy Society members by listing their names on a special plaque, on our website and in the *Villa Voices* newsletter. Members can also choose to remain anonymous.

Current Light the Way Legacy Society members:

- Phyllis Barone
- Stanley Caplinsky
- Victor and Roberta DeMarco
- Elizabeth Hickle
- Russell Robert Konst
- Garay Simon

FREQUENTLY ASKED QUESTIONS

How do you become a Light the Way Legacy Society member?

By naming Light of Hearts Villa as a beneficiary in your estate plan:

Bequests — You make a gift from your estate to Light of Hearts Villa. Your estate may claim a tax deduction for the full amount of your charitable bequest.

Charitable trusts — You designate in your will that a certain amount of money or property will be transferred to Light of Hearts Villa. Your estate receives a charitable deduction for the full, fair market value of your gift.

Life insurance — You make a gift of life insurance to Light of Hearts Villa. You may find you no longer need the financial protection of existing life insurance policies. By making Light of Hearts Villa a beneficiary of all or part of your policy would capitalize a new fund at the time of your death, and your estate would receive a charitable deduction based on the policy's current value.

Retirement assets — You name Light of Hearts Villa as the beneficiary of all or part of your retirement plan assets upon your death. Your estate avoids paying large income and estate tax bills.

How are you added to the list?

By contacting Development Manager Amy Huntley at amy.huntley@lightofheartsvilla.org or 440.232.1991 ext. 524. or by completing an Estate Provision Intention form found on our website and returning it to Light of Hearts Villa.

What benefits do you receive as a Light the Way Legacy Society member?

If you agree, your name will be published in Light of Hearts Villa's newsletters and other publications; you will receive invitations to Light of Hearts Villa events; and a sense of well-being, knowing you are supporting your community forever.

If you have already named Light of Hearts Villa as a beneficiary in your personal planning or to become a member of the Light the Way Legacy Society, please contact Amy Huntley in our development office by email at amy.huntley@lightofheartsvilla.org or calling 440.232.1991 ext. 524.

We encourage you to consult with an estate planning professional or financial advisor to evaluate tax and financing planning strategies.

The proper beneficiary designation is:

Light of Hearts Villa
283 Union St.
Bedford, OH 44146

Tax ID Number: 34-1619270

Nonprofit vs. For-Profit SENIOR LIVING

After looking at a handful of potential homes for an aging loved one, all your options probably start to seem the same. However, each community is unique, with specific features that sets them apart. One difference you should pay attention to is whether a community is nonprofit or for-profit. This could have a huge impact on the experience your loved one has.

You also may be reading this and are just curious about why Light of Hearts Villa is different—why we are mission-focused and why we can accept philanthropic gifts.

What is a For-Profit Senior Community?

Like any private business, a for-profit senior living community is beholden to its stakeholders to earn a profit. Many for-profit communities belong to large national chains. The largest senior living providers in the United States own hundreds of properties with thousands of units. More than 80 percent of senior communities are for-profit, either privately owned or part of a chain. While they may provide high-quality service and amenities, their primary function is to earn a profit from rent and fees.

What is Nonprofit Senior Living?

By definition, a nonprofit organization must reinvest any profit back into its core mission. Nonprofit organizations are also eligible to raise money from individual and corporate donors, whose gifts are tax deductible, and to apply for certain government and private grants. Not-for-profit senior living communities are typically affiliated with religious or professional groups, although they cannot discriminate against any residents based on that affiliation.

Benefits of Choosing a Not-for-Profit Senior Community

Many of the differences of not-for-profit senior living vs. for-profit communities are intangible. As a resident of a nonprofit senior community, you may simply find peace of mind knowing that the leadership is motivated by a mission, rather than by satisfying the owners and investors financially. Your well-being—or that of your loved one who lives in the community—will always come before profit. Here are more specific ways that not-for-profit senior communities benefit residents, and how those factors play out at Light of Hearts Villa.



1. More Sources of Funding

The IRS grants tax-exempt status for not-for-profit organizations because they further a cause or public benefit. That status allows these types of organizations to accept donations from a wide range of sources. This flexibility allows a not-for-profit senior community to keep its rent lower than it could otherwise, and even extend financial support to residents with extenuating circumstances. For example, long-time residents who outlive their resources benefit from the funds raised through the Sister Helen T. Scasny, SC, Benevolent Fund.

Other resources are available to nonprofit senior living communities as well. For example, we are able to apply for specific grants to support special projects, host special outreach programs and events such as our annual fundraiser and the Seton Safety Net food pantry.

2. The Role of the Board of Trustees

A not-for-profit is run by a board of directors, or board of trustees, tasked with adopting sound, ethical and legal governance. The board seeks out caring, knowledgeable members to replenish their numbers as people leave based on term limits. The board hires and oversees the executive director, sharing their resources with him or her.

The board of directors interacts with residents and listens to their input. The board may also form relationships with the local governments, businesses and other organizations to connect the senior community with the larger community. At Light of Hearts Villa, our board of trustees is highly active and some members are actually family members of former residents, current residents or former Lumen Cordium alumni, which is a testament to their positive experience.

3. Focus on Community

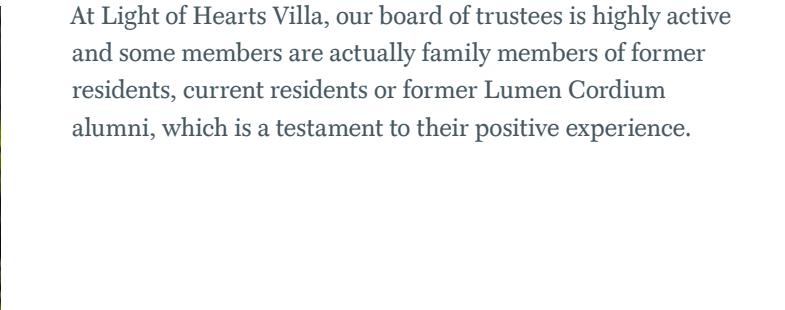
Because of the board's leadership and the focus on a mission, a not-for-profit senior residence can flourish into a true community. Residents, staff and board members get to know each other and watch out for each other. Their shared values unify them.

One way in which Light of Hearts Villa strives to care for all seniors—not just residents—is by offering the Seton Safety Net food pantry program, which supports seniors in the local community who are in need. Because of our ability to accept funding gifts, we're able to offer special programs that would otherwise not fit the budget.

Why Choose the Light of Hearts Villa Nonprofit Community

At Light of Hearts Villa, our mission is to provide premier senior residential living and community outreach services. Whether it's in assisted living, memory care or a respite stay, we seek to provide a safe haven that is peaceful and unpretentious and gives every senior a sense of belonging and the level of care they need. To support our nonprofit's mission and our residents, please consider making a gift. ♦

To learn more about senior living at Light of Hearts Villa, visit our website at lightofheartsvilla.org or give us a call at 440-232-1991.



NEWS *and* NOTES



Making God's Love Visible Award

The "Making God's Love Visible" Mission Award is the highest honor presented annually to an employee who lives the mission and is nominated by their peers. Each year, more employees seek to model the mission in hopes of receiving this special award. The Mission Award Committee receives the nominations and makes the final choice.

This year, the committee dispensed with the usual selection and the 2020 award was presented to the entire staff on January 13 at the Annual Missioning Service.

Staff efforts to keep everyone safe during the year, lifting spirits of residents and going the extra mile without complaint found them living the quotes most frequently used in the nominations.

From St. Vincent, *"People are won over more by gentleness than by arguments"* and *"Friendliness is important for service, when someone has joy in the heart, you can see it clearly in the face."* And, from St. Louise, *"May you never take the attitude of merely getting the job done; you must serve from the heart."*

We are so grateful for the entire team that makes up Light of Hearts Villa. Congratulations to all staff!

Activity Highlights

The Light of Hearts Villa Life Enrichment Team is truly some of the best around. Some activity highlights from this year are below.

Deer Hunt - LOHV Style!

Before all of the Christmas trees were put away for the year, they were used for this fun activity and the laughs were endless. Residents were belly laughing as they shot Nerf guns at some of their favorite staff members that were dressed as deer! This "deer hunt" will definitely be back next year.



Easter Celebrations

Residents celebrated Easter together in the activity center with a special Easter meal and reflection. Thank you to the dietary team and ministry staff who work so hard to ensure amazing holiday experiences for residents, especially during this time where things are still not back to normal. An afternoon like this does a lot for their spirits.



Residents had a great time "deer hunting," as they shot Nerf guns at staff members dressed as deer.



Residents celebrated Easter together with a special meal and reflection.

Employee Achievements



Life Enrichment Director

Anne Messer recently became a Certified Alzheimer's Disease and Dementia Care Trainer and a Certified Dementia Care Manager through the National Council of Certified Dementia Practitioners. Anne's new level of education in this field will allow her to train

and certify additional staff members to become Certified Dementia Practitioners. This additional training allows LOHV to further the quality of care provided to residents. Thank you Anne for your commitment to seeing Light of Hearts Villa continue to get better and better.

FCSLA Appreciation

"Alone we can do so little. Together, we can do so much." – Helen Keller

The First Catholic Slovak Ladies Association (FCSLA) continues to pour into our residents and staff. By donating beautiful flowers to display around the Villa, writing letters to residents or support through monetary donations, the FCSLA community is a partnership we are grateful to have.

Recently, a staff raffle was held with beautiful Easter baskets and FCSLA matched every dollar raised. Together, around \$700 was raised to support the Sister Helen T. Scasny, SC, Benevolent Fund. Thank you, FCSLA!





LIGHT of HEARTS VILLA

A Ministry of the Sisters of Charity Health System

283 UNION STREET
BEDFORD, OHIO 44146
440 232 1991
lightofheartsvilla.org

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WISHlist

The Wish List is for those wishing to help in a specific way. We share our current needs below:

ACTIVITIES DEPARTMENT

- Digital camera for resident events and marketing purposes (1) \$400
- Donations in any amount to purchase art supplies for upcoming resident art projects

MEMORY CARE

Sensory Wall Art (6) \$200 per art piece

VIRTUAL RAFFLE ITEMS

Gift items that can be used for our online raffles and auctions: bottles of wine or other spirits, gourmet foods, tickets to sporting events, theatre productions or unique experiences like weekend getaways, amusement parks, and sight-seeing trips, sporting goods and collectibles, small appliances, gift certificates or cards for Amazon, local restaurants, entertainment venues, etc.

To make arrangements or if you have questions contact Amy Huntley at 440.232.1991 ext. 524 or amy.huntley@lightofheartsvilla.org.

We are extremely appreciative of your support. Thank you!



LIKE US ON FACEBOOK!

We frequently share resident events and photos, organizational news and employee recognitions!

Financial and estate information contained in this newsletter is offered for general information and is not to be interpreted as legal or professional advice. Please consult with your attorney, financial or tax advisor for information specific to your situation.

Light of Hearts Villa has chosen to print responsibly on paper containing post-consumer recycled fiber.

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Breanne Cavileer, LNHA, CDP, Executive Director
James Karasek, Director of Fiscal Services

:: CONTACT US

Breanne Cavileer, LNHA, CDP, Executive Director
Breanne.Cavileer@lightofheartsvilla.org
 440.232.1991 ext. 503

Admissions & Marketing
Kieran Patton, Director of Admissions & Marketing
Kieran.Patton@lightofheartsvilla.org
 440.232.1991 ext. 520

Give Back

Amy Huntley, Development Manager
Amy.Huntley@lightofheartsvilla.org
 440.232.1991 ext. 524

Villa Voices is published to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

WRITERS/EDITORS Amy Huntley/Brad Hauber
DESIGN Diane Roberto