

August 2025 LUNCH MENU

SUNDAY 7/27 Beef Chili <i>Pulled Pork Sandwich</i> Potato Wedges Coleslaw Cornbread Carrot Cake	MONDAY 7/28 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Sherbet	TUESDAY 7/29 Baked Ham <i>Beef Tips</i> Mashed Potatoes Green Peas Dinner Roll French Silk Pie	WEDNESDAY 7/30 Fried Chicken Thigh <i>Honey Mustard Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 7/31 Roast Beef Au Jus <i>Parmesan Tilapia</i> Garlic Red Potatoes Roasted Veggies Dinner Roll Chocolate cake parfit	FRIDAY 1 Teriyaki Salmon <i>Orange BBQ Pork Ribs</i> Quinoa & Kale Steamed Broccoli Dinner Roll Chocolate Pie	SATURDAY 2 Penne Pasta with Meat Sauce <i>Stuffed Peppers</i> Green Beans Dinner Roll Peach parfit	ALWAYS AVAILABLE MENU <u>BREAKFAST</u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u>LUNCH</u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 3 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Carrot cake	MONDAY 4 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Cookie pie	TUESDAY 5 Beef Stroganoff <i>Noodles</i> <i>Chicken Cacciatore</i> Roasted Carrots Dinner Roll Rainbow cake	WEDNESDAY 6 Chicken Tenders <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread Lemon Raspberry cake	THURSDAY 7 Roast Turkey & Gravy <i>Apple Pork Chop</i> Stuffing Green Beans Dinner Roll Apple Pie Parfit	FRIDAY 8 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 9 Chicken Cordon Bleu <i>Grilled Cheese Smoked Brisket Sandwich</i> Mac and Cheese Brussels Sprouts Dinner Roll Vanilla Ice Cream	
SUNDAY 10 Stuffed Cabbage <i>Kielbasa</i> Dumplings Peas & Carrots Dinner Roll Chocolate Brownie	MONDAY 11 Coconut Shrimp <i>Aloha Chicken</i> Rice Caribbean Vegetables Dinner Roll Coconut Cream Pie	TUESDAY 12 Chicken Parmesan <i>Breaded Pork Chop</i> Penne & Marinara Sautéed Spinach Garlic Bread Cannoli cup	WEDNESDAY 13 Meatloaf <i>Lobster Roll</i> Baked beans Sweet potato cake Dinner Roll Black Forest Pudding	THURSDAY 14 Beef & Broccoli <i>Sweet & Sour Chicken</i> White Rice Asian Vegetables Egg Roll Cheesecake	FRIDAY 15 Crab Cakes <i>Beef Brisket</i> Mac & Cheese Herbed Zucchini Dinner Roll Peaches and cream cobbler	SATURDAY 16 Stuffed Chicken <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Desert Cart	
SUNDAY 17 Italian Sausage Bake <i>Vegetable Lasagna</i> Three Bean Salad Breadstick Lemon Ice	MONDAY 18 Shrimp scampi <i>Chicken Artichokes</i> Linguine Peas & Carrots Dinner Roll Assorted Sherbet	TUESDAY 19 Beef Pot Roast <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	WEDNESDAY 20 Swedish meatballs <i>Smoked Sausage</i> Pierogis Brussels Sprouts Dinner Roll Chocolate cake parfait	THURSDAY 21 Filet Mignon <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	FRIDAY 22 Baked Cod <i>Western chicken Quiche</i> Garden Rice Roasted Vegetables Dinner Roll Peanut Butter Pie	SATURDAY 23 Beef Ravioli <i>Cheese Lasagna rollup</i> Mixed Vegetables Breadstick Blueberry Cheesecake	
SUNDAY 24 Beef Chili <i>Pulled Pork Sandwich</i> Potato Wedges Coleslaw Cornbread Carrot Cake	MONDAY 25 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	TUESDAY 26 Baked Ham <i>Beef Tips</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	WEDNESDAY 27 Fried Chicken Thigh <i>Honey Mustard Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 28 Roast Beef Au Jus <i>Parmesan Tilapia</i> Garlic Red Potatoes Roasted Veggies Dinner Roll Chocolate cake parfit	FRIDAY 29 Teriyaki Salmon <i>Orange BBQ Pork Ribs</i> Quinoa & Kale Steamed Broccoli Dinner Roll Chocolate Pie	SATURDAY 30 Penne Pasta with Sauce <i>Stuffed Peppers</i> Green Beans Dinner Roll Peach parfit	 LIGHT of HEARTS VILLA <i>A Ministry of the Sisters of Charity Health System</i>