

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Lumen Lane Life Enrichment Calendar

January 2026						1		2		3	
Lumen Lane Life Enrichment Calendar						Happy New Year!		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Escape for Seniors Performance (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		9:00 Morning Greeting and Reminisce 9:30 Trivia 10:30 Junk Drawer Detective 11:00 Daily Chronicle 11:15 Rosary 3:45 Mass (CH) 6:00 Group Card Games	
				New Year's Day							
9:00 Greet the Day and Sunday News 9:30 Parachute 10:30 Word Games 11:00 Daily Chronicle 11:15 Rosary 6:00 Group Card Games		4		9:00 Mass (CH) 10:00 Antler Matching Game 10:30 Finish the Line 11:00 Daily Chronicle 11:30 Rosary 2:00 Happy Hour and Call of the Wild: Songs of the Last Frontier (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		5		9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Group Games (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		6	
9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		7		9:00 Morning Greeting and Reminisce 10:00 Elvis Day Music and Snacks 1:30 Missioning In-Service (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		8		9:00 Morning Greeting and Reminisce 10:00 Balloon Volleyball (AC) 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Stic-Moose Word Game (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		9	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Resident Sharing Group with Kelly (GP) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		10		9:00 Morning Greeting and Reminisce 10:00 Sensational Snow Exploration 10:30 January Trivia 11:00 Daily Chronicle 11:15 Rosary 2:00 Music Bingo with Kenny (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		11		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Stic-Moose Word Game (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		12	
9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dawn & Sharon (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		13		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		14		9:00 Morning Greeting and Reminisce 10:00 Exercise (AC) 10:30 Stretching & Cool Down (AC) 10:45 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		15	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Resident Sharing Group with Kelly (GP) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		16		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Movie and Popcorn (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		21		9:00 Morning Greeting and Reminisce 10:00 Exercise (AC) 10:30 Stretching & Cool Down (AC) 10:45 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Mystery Bag Challenge (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		22	
9:00 Morning Greeting and Reminisce 10:00 Balloon Volleyball (AC) 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		23		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Men's Group (2nd Floor Game Room) 2:00 Ladies Tea Party (MPR) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		20		9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Men's Group (2nd Floor Game Room) 2:00 Ladies Tea Party (MPR) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		24	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		25		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Birthday Bash with Entertainment by Greg Piscura (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		27		9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Birthdays with Entertainment by Greg Piscura (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		28	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		29		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		26		9:00 Morning Greeting and Reminisce 10:00 Bible Study (MPR) 2:00 Happy Hour and Music with The Fretters (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		30	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		31		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		32		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		33	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		34		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		35		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		36	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		37		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		38		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		39	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		40		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		41		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		42	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		43		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		44		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		45	
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9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		49		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		50		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		51	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		52		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		53		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		54	
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9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		58		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		59		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		60	
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9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		64		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		65		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		66	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		67		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		68		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		69	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		70		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		71		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		72	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		73		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		74		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		75	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		76		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		77		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		78	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		79		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		80		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		81	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		82		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		83		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		84	
9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		85		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		86		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		87	
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9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		91		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		92		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		93	
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9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		112		9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		113		9:00 Morning Greeting and Reminisce 10:00 Balloon Tic Tac Toe 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room 6:00 Group Card Games		114	
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