

January 2026 LUNCH MENU

SUNDAY 28 Stuffed Cabbage <i>Kielbasa</i> Dumplings Peas & Carrots Dinner Roll Dessert of the day	MONDAY 29 Coconut Shrimp <i>Aloha Chicken</i> Sweet potato puffs Caribbean Vegetables Dinner Roll Coconut Cream Pie	TUESDAY 30 Chicken Parmesan <i>Breaded Pork Chop</i> Penne & Marinara Sautéed Spinach Garlic Bread Cannoli cup t	WEDNESDAY 31 Meatloaf Turkey patty Peas and peppers Mashed potato Dinner Roll Black Forest Pudding	THURSDAY 1 New years Day Pork roast Baked salmon Beans and rice Sauerkraut cornbread	FRIDAY 2 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream cobbler	SATURDAY 3 Stuffed Chicken <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	ALWAYS AVAILABLE MENU <u>BREAKFAST</u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u>LUNCH</u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 4 Italian Sausage and peppers <i>Chicken pesto</i> <i>Mixed vegetable</i> Roasted potato Breadstick Dessert of the day	MONDAY 5 Chicken Pot pie Macaroni and beef Broccoli Biscuit Assorted Sherbet	TUESDAY 6 Beef Pot Roast <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	WEDNESDAY 7 Swedish meatballs <i>Smoked Sausage</i> Pierogis Cabbage & Onion Dinner Roll Chocolate cake parfait	THURSDAY 8 Filet Mignon <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	FRIDAY 9 Baked Cod <i>Western chicken Quiche</i> Garden Rice Roasted Vegetables Dinner Roll Peanut Butter Pie	SATURDAY 10 Mac & Cheese <i>Ranch Chicken</i> Mixed Vegetables Dinner roll Dessert of the day	
SUNDAY 11 Beef Chili <i>Pulled Pork Sandwich</i> Potato Wedges Coleslaw Cornbread Dessert of the day	MONDAY 12 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	TUESDAY 13 Baked Ham <i>Grilled Cheese Brisket Sandwich</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	WEDNESDAY 14 Fried Chicken Thigh <i>Honey Mustard Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 15 Roast Beef Au Jus <i>Parmesan Tilapia</i> Garlic Red Potatoes Roasted Veggies Dinner Roll Chocolate cake parfit	FRIDAY 16 Teriyaki Salmon <i>Orange BBQ Pork Ribs</i> Quinoa & Kale Steamed Broccoli Dinner Roll Chocolate Pie	SATURDAY 17 Stuffed shells <i>Stuffed Peppers</i> Green Beans Dinner Roll Dessert of the day	
SUNDAY 18 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the day	MONDAY 19 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Cookie pie	TUESDAY 20 Beef Stroganoff Noodles <i>Chicken paprikash</i> Roasted Carrots Dinner Roll Peach Parfit	WEDNESDAY 21 Stuffed cabbage <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread	THURSDAY 22 Roast Turkey & Gravy <i>Apple Pork Chop</i> Stuffing Green Beans Dinner Roll Apple Pie Parfit	FRIDAY 23 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 24 Chicken Cordon Bleu Beef and cheddar Sweet potato wedge Broccoli salad Dessert of the day	
SUNDAY 25 Chicken Tender <i>Kielbasa</i> Mashed potatoes Peas & Carrots Dinner Roll Dessert of the days	MONDAY 26 Coconut Shrimp <i>Aloha Chicken</i> Sweet potato puffs Caribbean Vegetables Dinner Roll Coconut Cream Pie	TUESDAY 27 Chicken Parmesan <i>Breaded Pork Chop</i> Penne & Marinara Sautéed Spinach Garlic Bread Cannoli cup	WEDNESDAY 28 Meatloaf Turkey patty Peas and peppers Mashed potato Dinner Roll Black Forest Pudding	THURSDAY 29 Teriyaki salmon Country Pork Ribs Quinoa and vegetable Steamed Broccoli Chocolate pie	FRIDAY 30 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream cobbler	SATURDAY 31 Stuffed Chicken <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	



LIGHT of HEARTS VILLA
 A Ministry of the Sisters of Charity Health System