


February 2026 LUNCH MENU

SUNDAY 1 Italian Sausage and peppers <i>Chicken pesto</i> <i>Mixed vegetable</i> Roasted potato Breadstick Dessert of the day	MONDAY 2 Chicken Pot pie Macaroni and beef Broccoli Biscuit Assorted Sherbet	TUESDAY 3 Beef Pot Roast <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	WEDNESDAY 4 Swedish meatballs <i>Smoked Sausage</i> Pierogis Cabbage & Onion Dinner Roll Chocolate cake parfait	THURSDAY 5 Filet Mignon <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	FRIDAY 6 Baked Cod <i>Western chicken Quiche</i> Garden Rice Roasted Vegetables Dinner Roll Peanut Butter Pie	SATURDAY 7 Mac & Cheese <i>Ranch Chicken</i> Mixed Vegetables Dinner roll Dessert of the day	ALWAYS AVAILABLE MENU <u>BREAKFAST</u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u>LUNCH</u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 8 Beef Chili <i>Pulled Pork Sandwich</i> Potato Wedges Coleslaw Cornbread Dessert of the day	MONDAY 9 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	TUESDAY 10 Baked Ham <i>Beef tips</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	WEDNESDAY 11 Fried Chicken Thigh <i>Honey Mustard Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 12 Roast Beef Au Jus <i>Parmesan Tilapia</i> Garlic Red Potatoes Roasted Veggies Dinner Roll Chocolate cake parfit	FRIDAY 13 Teriyaki Salmon <i>Orange BBQ Pork Ribs</i> Quinoa & Kale Steamed Broccoli Dinner Roll Chocolate Pie	SATURDAY 14 Stuffed shells <i>Stuffed Peppers</i> Green Beans Dinner Roll Dessert of the day	
SUNDAY 15 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the day	MONDAY 16 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Cookie pie	TUESDAY 17 Beef Stroganoff Noodles <i>Chicken paprikash</i> Roasted Carrots Dinner Roll Peach Parfit	WEDNESDAY 18 Stuffed cabbage <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread	THURSDAY 19 Roast Turkey & Gravy <i>Apple Pork Chop</i> Stuffing Green Beans Dinner Roll Apple Pie Parfit	FRIDAY 20 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 21 Chicken Cordon Bleu Beef and cheddar Sweet potato wedge Broccoli salad Dessert of the day	
SUNDAY 22 Chicken tenders <i>Kielbasa</i> Mashed potato Peas & Carrots Dinner Roll Dessert of the day	MONDAY 23 Coconut Shrimp <i>Aloha Chicken</i> Sweet potato puffs Caribbean Vegetables Dinner Roll Coconut Cream Pie	TUESDAY 24 Chicken Parmesan <i>Breaded Pork Chop</i> Penne & Marinara Sautéed Spinach Garlic Bread Cannoli cup t	WEDNESDAY 25 Meatloaf Turkey patty Peas and peppers Mashed potato Dinner Roll Black Forest Pudding	THURSDAY 26 Beef and Broccoli Sweet and sour Chicken Rice Vegetable mix	FRIDAY 27 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream cobbler	SATURDAY 28 Stuffed Chicken <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	
							 LIGHT of HEARTS VILLA <i>A Ministry of the Sisters of Charity Health System</i>