

February 2026 LUNCH MENU

SUNDAY 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	ALWAYS AVAILABLE MENU
Italian Sausage and peppers <i>Chicken pesto</i> Mixed vegetable Roasted potato Breadstick Dessert of the day	Chicken Pot pie Macaroni and beef <i>Broccoli</i> <i>Biscuit</i> <i>Assorted Sherbet</i>	Beef Pot Roast <i>BBQ Pork Ribs</i> <i>Mashed Potatoes</i> <i>Glazed Carrots</i> <i>Dinner Roll</i> <i>Pie à la Mode</i>	Swedish meatballs <i>Smoked Sausage</i> <i>Pierogis</i> <i>Cabbage & Onion</i> <i>Dinner Roll</i> <i>Chocolate cake parfait</i>	Filet Mignon <i>Roasted Salmon</i> <i>Roasted Potatoes</i> <i>Asparagus</i> <i>Dinner Roll</i> <i>Ice Cream Sundae</i>	Baked Cod <i>Western chicken Quiche</i> <i>Garden Rice</i> <i>Roasted Vegetables</i> <i>Dinner Roll</i> <i>Peanut Butter Pie</i>	Mac & Cheese <i>Ranch Chicken</i> <i>Mixed Vegetables</i> <i>Dinner roll</i> Dessert of the day	BREAKFAST Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal
SUNDAY 8 Beef Chili <i>Pulled Pork Sandwich</i> <i>Potato Wedges</i> <i>Coleslaw</i> <i>Cornbread</i> Dessert of the day	MONDAY 9 Shrimp Alfredo <i>Chicken Alfredo</i> <i>Pasta</i> <i>Vegetable Blend</i> <i>Garlic Bread</i> <i>Cookies and cream</i> <i>Parfait</i>	TUESDAY 10 Baked Ham <i>Beef tips</i> <i>Mashed Potatoes</i> <i>Green Peas</i> <i>Dinner Roll</i> <i>Silk pie</i>	WEDNESDAY 11 Fried Chicken Thigh <i>Honey Mustard Pork</i> <i>Rice Blend</i> <i>Cabbage & Carrots</i> <i>Dinner Roll</i> <i>Root beer float</i>	THURSDAY 12 Roast Beef Au Jus <i>Parmesan Tilapia</i> <i>Garlic Red Potatoes</i> <i>Roasted Veggies</i> <i>Dinner Roll</i> <i>Chocolate cake parfit</i>	FRIDAY 13 Teriyaki Salmon <i>Orange BBQ Pork Ribs</i> <i>Quinoa & Kale</i> <i>Steamed Broccoli</i> <i>Dinner Roll</i> <i>Chocolate Pie</i>	SATURDAY 14 Stuffed shells <i>Stuffed Peppers</i> <i>Green Beans</i> <i>Dinner Roll</i> Dessert of the day	 LUNCH Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese
SUNDAY 15 Hamburger <i>Italian sausage sandwich</i> <i>Steak Fries</i> <i>Three Bean Salad</i> <i>Dinner Roll</i> Dessert of the day	MONDAY 16 Baked chicken leg <i>Herb Baked Cod</i> <i>Rice Pilaf</i> <i>Green Bean Medley</i> <i>Dinner Roll</i> <i>Cookie pie</i>	TUESDAY 17 Beef Stroganoff <i>Noodles</i> <i>Chicken paprikash</i> <i>Roasted Carrots</i> <i>Dinner Roll</i> <i>Peach Parfit</i>	WEDNESDAY 18 Stuffed cabbage <i>Fried Shrimp</i> <i>Coleslaw</i> <i>Potato Wedges</i> <i>Cornbread</i>	THURSDAY 19 Roast Turkey & Gravy <i>Apple Pork Chop</i> <i>Stuffing</i> <i>Green Beans</i> <i>Dinner Roll</i> <i>Apple Pie Parfit</i>	FRIDAY 20 Meatballs Marinara <i>Baked lemon Salmon</i> <i>Spaghetti</i> <i>Italian Vegetables</i> <i>Garlic Bread</i> <i>Red Velvet Cake</i>	SATURDAY 21 Chicken Cordon Bleu Beef and cheddar <i>Sweet potato wedge</i> <i>Broccoli salad</i> Dessert of the day	 Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 22 Chicken tenders <i>Kielbasa</i> <i>Mashed potato</i> <i>Peas & Carrots</i> <i>Dinner Roll</i> Dessert of the day	MONDAY 23 Coconut Shrimp <i>Aloha Chicken</i> <i>Sweet potato puffs</i> <i>Caribbean Vegetables</i> <i>Dinner Roll</i> <i>Coconut Cream Pie</i>	TUESDAY 24 Chicken Parmesan <i>Breaded Pork Chop</i> <i>Penne & Marinara</i> <i>Sautéed Spinach</i> <i>Garlic Bread</i> <i>Cannoli cup t</i>	WEDNESDAY 25 Meatloaf <i>Turkey patty</i> <i>Peas and peppers</i> <i>Mashed potato</i> <i>Dinner Roll</i> <i>Black Forest Pudding</i>	THURSDAY 26 Beef and Broccoli <i>Sweet and sour</i> <i>Chicken</i> <i>Rice</i> <i>Vegetable mix</i>	FRIDAY 27 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> <i>Herbed Vegetable</i> <i>Cornbread</i> <i>Peaches and cream</i> <i>cobbler</i>	SATURDAY 28 Stuffed Chicken <i>Salmon patty</i> <i>Rice Pilaf</i> <i>Mixed Vegetable</i> <i>Dinner Roll</i> Dessert of the day	 LIGHT of HEARTS VILLA A Ministry of the Sisters of Charity Health System