

# May 2026 LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1	SATURDAY 2	<b>ALWAYS AVAILABLE MENU</b> <u><b>BREAKFAST</b></u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u><b>LUNCH</b></u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
<b>SUNDAY 3</b> <b>Beef Chili</b> <i>Pulled Pork Sandwich</i> Potato Wedges Coleslaw Cornbread Dessert of the day	<b>MONDAY 4</b> <b>Shrimp Alfredo</b> <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	<b>TUESDAY 5</b> <b>Baked Ham</b> <i>Beef tips</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	<b>WEDNESDAY 6</b> <b>Fried Chicken Thigh</b> <i>Honey Mustard Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	<b>THURSDAY 7</b> <b>Roast Beef Au Jus</b> <i>Parmesan Tilapia</i> Garlic Red Potatoes Roasted Veggies Dinner Roll Chocolate cake parfit	<b>FRIDAY 8</b> <b>Teriyaki Salmon</b> <i>Orange BBQ Pork Ribs</i> Quinoa & Kale Steamed Broccoli Dinner Roll Chocolate Pie	<b>SATURDAY 9</b> <b>Stuffed shells</b> <i>Stuffed Peppers</i> Green Beans Dinner Roll Dessert of the day	
<b>SUNDAY 10</b> <b>Hamburger</b> <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the day	<b>MONDAY 11</b> <b>Baked chicken leg</b> <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Cookie pie	<b>TUESDAY 12</b> <b>Beef Stroganoff</b> Noodles <i>Chicken paprikash</i> Roasted Carrots Dinner Roll Peach Parfit	<b>WEDNESDAY 13</b> <b>Stuffed cabbage</b> <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread	<b>THURSDAY 14</b> <b>Roast Turkey &amp; Gravy</b> <i>Apple Pork Chop</i> Stuffing Green Beans Dinner Roll Apple Pie Parfit	<b>FRIDAY 15</b> <b>Meatballs Marinara</b> <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	<b>SATURDAY 16</b> <b>Chicken Cordon Bleu</b> <b>Beef and cheddar</b> Sweet potato wedge Broccoli salad Dessert of the day	
<b>SUNDAY 17</b> <b>Chicken tenders</b> <i>Kielbasa</i> Mashed potato Peas & Carrots Dinner Roll Dessert of the day	<b>MONDAY 18</b> <b>Coconut Shrimp</b> <i>Aloha Chicken</i> Sweet potato puffs Caribbean Vegetables Dinner Roll Coconut Cream Pie	<b>TUESDAY 19</b> <b>Chicken Parmesan</b> <i>Breaded Pork Chop</i> Penne & Marinara Sautéed Spinach Garlic Bread Cannoli cup t	<b>WEDNESDAY 20</b> <b>Meatloaf</b> Turkey patty Peas and peppers Mashed potato Dinner Roll Black Forest Pudding	<b>THURSDAY 21</b> <b>Beef and Broccoli</b> <b>Sweet and sour</b> <b>Chicken</b> <b>Rice</b> <b>Vegetable mix</b>	<b>FRIDAY 22</b> <b>Crab Cakes</b> <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream cobbler	<b>SATURDAY 23</b> <b>Stuffed Chicken</b> <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	
<b>Sunday 24</b> <b>Italian Sausage and peppers</b> <i>Chicken pesto</i> <i>Mixed vegetable</i> Roasted potato Breadstick Dessert of the da	<b>Monday 25</b> <b>Chicken Pot pie</b> <b>Macaroni and beef</b> Broccoli Biscuit Assorted Sherbet	<b>Tuesday 26</b> <b>Beef Pot Roast</b> <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	<b>Wednesday 27</b> <b>Swedish meatballs</b> <i>Smoked Sausage</i> Pierogis Cabbage & Onion Dinner Roll Chocolate cake parfait	<b>Thursday 28</b> <b>Filet Mignon</b> <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	<b>Friday 29</b> <i>Western chicken Quiche</i> Garden Rice Roasted Vegetables Dinner Roll Peanut Butter Pie	<b>SATURDAY 30</b> Mac & Cheese Ranch Chicken Mixed Vegetables Dinner roll Dessert of the day	



LIGHT of HEARTS VILLA  
 A Ministry of the Sisters of Charity Health System