

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Lumen Lane Life Enrichment Calendar						10:00 Independent Sunday Chronicle (Café) 10:30 Independent Word Games (Café) 2:00 Entertainment with Kellie Karl (AC) 3:45 Mass (CH)
9:00 Greet the Day and Sunday News 9:30 Yard Games 11:00 Daily Chronicle 11:15 Rosary 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise with Weights 10:30 Stretching & Cool Down 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Pigs on a Trampoline Game 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:30 Community Art Studio 11:15 Rosary 2:00 Chat Chains & Snack (GP) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Exercise 10:30 Stretching & Cool Down 10:45 Trivia 11:00 Daily Chronicle 11:15 Rosary 2:00 Crafts with Dianne (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Patio Visits, Planting, Watering, Weeding and chatting 11:15 Rosary 2:00 John Thayer Music and Dog visits 3:15 1:1 Visits Room to Room	10:00 Saturday Morning Exercise (AC) 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Bingo (AC) 3:45 Mass (CH)
9:00 Greet the Day and Sunday News 9:30 Exercise Movement 10:30 Word Games 11:00 Daily Chronicle 11:15 Rosary 2:00 Outdoor Fun Weather Permitting (Patio/GP) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise with Weights 10:30 Stretching & Cool Down 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Women in History Performance by Betty Ford (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Entertainment with The Shepheard's (AC) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Exercise 10:30 Stretching & Cool Down 10:45 Trivia 11:00 Daily Chronicle 11:15 Rosary 1:30 Inter-Faith Bible Study (GP) 2:00 Craft 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Patio Visits, Planting, Watering, Weeding and chatting 11:15 Rosary 2:00 Patio Games (P/GP) 3:15 1:1 Visits Room to Room	10:00 Independent Sunday Chronicle (Café) 10:30 Independent Word Games (Café) 2:00 Bingo (AC) 3:45 Mass (CH)
9:00 Greet the Day and Sunday News 9:30 Pass the Potato Game 11:00 Daily Chronicle 11:15 Rosary 2:00 Name that Tune (Patio/GP) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise with Weights 10:30 Stretching & Cool Down 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Happy Hour and 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 2:00 Nose Drawing Game (AC) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Exercise 10:30 Stretching & Cool Down 10:45 Trivia 11:00 Daily Chronicle 11:15 Rosary 2:00 Make your face game (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Patio Visits, Planting, Watering, Weeding and chatting 11:15 Rosary 2:00 Entertainment with Polka Pirates (AC) 3:00 Resident Sharing Group with Kelly (AC)	10:00 Saturday Morning Exercise (AC) 10:30 Trivia (AC) 11:00 Daily Chronicle (AC) 2:00 Bingo (AC) 3:45 Mass (CH)
9:00 Greet the Day and Sunday News 9:30 Exercise Movement 10:30 Word Games 11:00 Daily Chronicle 11:15 Rosary 2:00 Outdoor Fun Weather Permitting (Patio/GP) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise with Weights 10:30 Stretching & Cool Down 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Round Table Discussion (GP) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Balloflex (AC) 10:30 Stretching & Cool Down (AC) 10:45 Current Events (AC) 11:00 Daily Chronicle (AC) 1:30 Music Bingo with Kenny (AC) 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise 10:30 Cool Down and Hydration 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Bingo (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Exercise 10:30 Stretching & Cool Down 10:45 Trivia 11:00 Daily Chronicle 11:15 Rosary 2:00 Shark Attack Snack (AC) 3:15 1:1 Visits Room to Room	9:00 Morning Greeting and Reminisce 10:00 Patio Visits, Planting, Watering, Weeding and chatting 11:15 Rosary 2:00 Music with Darren (AC) 3:15 1:1 Visits Room to Room	10:00 Independent Sunday Chronicle (Café) 10:30 Independent Word Games (Café) 2:00 Bingo (AC) 3:45 Mass (CH)
9:00 Greet the Day and Sunday News 9:30 Cooking with Dawn 11:00 Daily Chronicle 11:15 Rosary 3:15 1:1 Visits Room to Room	9:00 Mass (CH) 10:00 Exercise with Weights 10:30 Stretching & Cool Down 10:45 Current Events 11:00 Daily Chronicle 11:15 Rosary 2:00 Men's Group (2 nd Floor) 2:00 Ladies Tea Party (MPR) 3:15 1:1 Visits Room to Room	Activity times and locations are subject to change All changes will be posted in the Elevators/Bulletin Boards *Indicates and outing and residents must sign up to attend				