

September 2026 LUNCH MENU

SUNDAY 30 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the day	MONDAY 31 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Banana pie	TUESDAY 1 Beef Caprese Chicken Caprese Polenta cake Roasted Cauliflower Italian Ice	WEDNESDAY 2 Stuffed cabbage <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread	THURSDAY 3 Smoked Turkey Pit Ham Baked Beans Corn Apple Pie	FRIDAY 4 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 5 Chicken Cordon Bleu Beef and cheddar Sweet potato wedge Broccoli salad Dessert of the day	ALWAYS AVAILABLE MENU <u>BREAKFAST</u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u>LUNCH</u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 6 Chicken tenders <i>Kielbasa</i> Mashed potato Peas & Carrots Dinner Roll Dessert of the day	MONDAY 7 Build your own Caesar Salad Grilled Chicken Grilled Salmon Dinner roll Cannoli	TUESDAY 8 Beef Tacos Chicken Tacos Street Corn Cinnamon Ice cream	WEDNESDAY 9 Meatloaf Turkey patty Peas Mashed potato Dinner Roll Black Forest Pudding	THURSDAY 10 Ham Hawaiian Sweet and sour Chicken Rice Vegetable mix Coconut cream Pie	FRIDAY 11 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream	SATURDAY 12 Creamed Chipped Beef <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	
SUNDAY 13 Italian Sausage and peppers <i>Chicken pesto</i> <i>Mixed vegetable</i> Roasted potato Breadstick Dessert of the day	MONDAY 14 Mac & Cheese <i>Ranch Chicken</i> Mixed Vegetables Dinner roll Dessert of the day	TUESDAY 15 Beef Pot Roast <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	WEDNESDAY 16 Corned Beef <i>Smoked Sausage</i> Pierogis Cabbage & Onion Dinner Roll Chocolate cake parfait	THURSDAY 17 Filet Mignon <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	FRIDAY 18 Western chicken Quiche Baked Cod Garden Rice Roasted Vegetables Biscuit Peanut Butter Cookie	SATURDAY 19 Chicken Pot pie Macaroni and beef Broccoli Biscuit Dessert of the day	
SUNDAY 20 Pulled Chicken Sliders Pulled pork Sliders Potato Chips Coleslaw Dessert of the Day	MONDAY 21 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	TUESDAY 22 Baked Ham <i>Roast Beef</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	WEDNESDAY 23 Fried Chicken Thigh <i>Roasted Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 24 Build your own Baked Potato Grilled Chicken, Broccoli, Bacon, Cheddar Cheese, Chives, Sour Cream Chocolate Chip Cookies	FRIDAY 25 Teriyaki Salmon <i>Grilled Flank Steak</i> Roasted Baby Potato Squash Medley Dinner Roll Strawberry Mousse	SATURDAY 26 Stuffed Pepper Stuffed Shells Green Beans Breadstick Dessert of the day	
Sunday 27 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the da	Monday 28 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Banana pie	Tuesday 29	Wednesday 30	Thursday	Friday	SATURDAY	



LIGHT of HEARTS VILLA
A Ministry of the Sisters of Charity Health System