

October 2026 LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1 Smoked Turkey Pit Ham Baked Beans Corn Apple Pie	FRIDAY 2 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 3 Chicken Cordon Bleu Beef and cheddar Sweet potato wedge Broccoli salad Dessert of the day	ALWAYS AVAILABLE MENU <u>BREAKFAST</u> Turkey Sausage Yogurt (Vanilla Cherry, Blueberry, Strawberry) Hard Boiled Egg Cottage Cheese Oatmeal Cereal <u>LUNCH</u> Chicken Noodle/ Tomato Soup Hamburger Grilled Cheese Chicken Tenders Cheese Omelet Macaroni and Cheese Fruit Plate & Cottage Cheese Deli Sandwich or Garden Salad (Egg salad, Turkey, Ham, Sliced Chicken) PB&J
SUNDAY 4 Chicken tenders <i>Kielbasa</i> Mashed potato Peas & Carrots Dinner Roll Dessert of the day	MONDAY 5 Build your own Caesar Salad Grilled Chicken Grilled Salmon Dinner roll Cannoli	TUESDAY 6 Beef Tacos Chicken Tacos Street Corn Cinnamon Ice cream	WEDNESDAY 7 Meatloaf Turkey patty Peas Mashed potato Dinner Roll Black Forest Pudding	THURSDAY 8 Ham Hawaiian Sweet and sour Chicken Rice Vegetable mix Coconut cream Pie	FRIDAY 9 Crab Cakes <i>Beef Brisket</i> <i>Roasted Sweet potato's</i> Herbed Vegetable Cornbread Peaches and cream	SATURDAY 10 Creamed Chipped Beef <i>Salmon patty</i> Rice Pilaf Mixed Vegetable Dinner Roll Dessert of the day	
SUNDAY 11 Italian Sausage and peppers <i>Chicken pesto</i> <i>Mixed vegetable</i> Roasted potato Breadstick Dessert of the day	MONDAY 12 Mac & Cheese <i>Ranch Chicken</i> Mixed Vegetables Dinner roll Dessert of the day	TUESDAY 13 Beef Pot Roast <i>BBQ Pork Ribs</i> Mashed Potatoes Glazed Carrots Dinner Roll Pie à la Mode	WEDNESDAY 14 Corned Beef <i>Smoked Sausage</i> Pierogis Cabbage & Onion Dinner Roll Chocolate cake parfait	THURSDAY 15 Filet Mignon <i>Roasted Salmon</i> Roasted Potatoes Asparagus Dinner Roll Ice Cream Sundae	FRIDAY 16 Western chicken Quiche Baked Cod Garden Rice Roasted Vegetables Biscuit Peanut Butter Cookie	SATURDAY 17 Chicken Pot pie Macaroni and beef Broccoli Biscuit Dessert of the day	
SUNDAY 18 Pulled Chicken Sliders Pulled pork Sliders Potato Chips Coleslaw Dessert of the Day	MONDAY 19 Shrimp Alfredo <i>Chicken Alfredo</i> Pasta Vegetable Blend Garlic Bread Cookies and cream Parfait	TUESDAY 20 Baked Ham <i>Roast Beef</i> Mashed Potatoes Green Peas Dinner Roll Silk pie	WEDNESDAY 21 Fried Chicken Thigh <i>Roasted Pork</i> Rice Blend Cabbage & Carrots Dinner Roll Root beer float	THURSDAY 22 Build your own Baked Potato Grilled Chicken, Broccoli, Bacon, Cheddar Cheese, Chives, Sour Cream Chocolate Chip Cookies	FRIDAY 23 Teriyaki Salmon <i>Grilled Flank Steak</i> Roasted Baby Potato Squash Medley Dinner Roll Strawberry Mousse	SATURDAY 24 Stuffed Pepper Stuffed Shells Green Beans Breadstick Dessert of the day	
Sunday 25 Hamburger <i>Italian sausage sandwich</i> Steak Fries Three Bean Salad Dinner Roll Dessert of the da	Monday 26 Baked chicken leg <i>Herb Baked Cod</i> Rice Pilaf Green Bean Medley Dinner Roll Banana pie	Tuesday 27 Beef Caprese Chicken Caprese Polenta cake Roasted Cauliflower Italian Ice	Wednesday 28 Stuffed cabbage <i>Fried Shrimp</i> Coleslaw Potato Wedges Cornbread	Thursday 29 Smoked Turkey Pit Ham Baked Beans Corn Apple Pie	Friday 30 Meatballs Marinara <i>Baked lemon Salmon</i> Spaghetti Italian Vegetables Garlic Bread Red Velvet Cake	SATURDAY 31 Chicken Cordon Bleu Beef and cheddar Sweet potato wedge Broccoli salad Dessert of the day	



LIGHT of HEARTS VILLA
A Ministry of the Sisters of Charity Health System